

Opioid Detox, Rehab, and Addiction Treatment in Kentucky

by Robert Alexander Center | Feb 4, 2023 | Blog



Opioid addiction is a huge problem for many Kentuckians. This affects not only the person struggling with the addiction but also the family and the wider community at large.

Beating an addiction and going on to build a sober life is challenging for anyone to do without suitable help. Luckily, there are several rehab centers in Kentucky designed to help those dealing with addiction. These offer a range of addiction treatment options tailored to an individual's lifestyle and the severity of their addiction.



Opioid Addiction Treatment Options in Kentucky

The [Robert Alexander Center for Recovery](#) is one of the leading alcohol and drug rehabs in Kentucky. Our facility is designed to provide a serene and conducive environment for recovery for Kentucky residents and beyond. Our addiction treatment professionals have years of experience and know what it takes to help someone conquer opioid addiction.

Our opioid addiction treatment program includes the following:

Detox

Before admission into our addiction treatment programs, we first ask clients to go through [detoxification](#). This process allows your body to metabolize and cleanse itself of any opioids left in the system, leaving you mentally and physically ready to immerse yourself in treatment. Detox often triggers withdrawal symptoms, some of which can be life-threatening so it's always recommended to go for medically assisted detox. This way, doctors can be on hand to help you safely navigate the process.



Intensive Outpatient Program (IOP)

After detox, you can now proceed to a treatment program. An [intensive outpatient program](#) is designed for those with less severe opioid addiction with no co-occurring ailments. IOP is usually a step down from residential treatment and you'll attend therapy sessions several hours a day, every day while easing yourself back into your daily routine.

Outpatient Drug Rehab

Our [outpatient drug rehab program](#) is meant for those who want to maintain their responsibilities e.g., school or work, while still attending treatment. This program is ideal for those who have mild to moderate opioid addiction with no co-occurring illnesses. Since you'll be going back home after attending treatment sessions, you need to have a robust support system that will help you in your recovery.

Family Therapy Program

We also have a [family therapy program](#) for families that have been devastated by opioid addiction. We educate such families on what addiction is, its impact on the individual and family, and how they can rebuild their relationship with each other. This often includes family therapy sessions where they can discuss issues that affect them while practicing better communication and conflict-resolution skills.

Give Treatment a Chance

With the right help, it's possible to beat opioid addiction. At the Robert Alexander Center for Recovery in Kentucky, we strive to make opioid addiction treatment accessible and affordable for all those who need it.

If you or a loved one is struggling with an addiction to opioids, get in touch with us today. We'll be glad to help you get onto the path of recovery.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

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 Kentucky 40047



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