

How Is Cocaine Addiction Treated In Drug Rehab Centers

by Robert Alexander Center | Dec 1, 2022 | Blog



The rise of [cocaine addiction](#) across the United States has been very clear in recent years, with annual overdose deaths approaching 25,000 in 2021 and likely to surpass that figure in 2022 to hit a record high.

Given that an estimated 40 million Americans have used the drug at least once, it is likely that someone you love will develop a cocaine abuse disorder at some stage. If you're worried about a loved one right now, you'll be wondering how cocaine addiction is treated in drug centers.

Here's all you need to know.



How is cocaine addiction treated in drug rehab centers?

Cocaine addiction has been a common affliction for several years. In fact, it was the reason for over 6% of all admissions to drug rehab centers back in 2013. Nearly a decade later, the numbers have climbed even higher. It has been one of the most common issues seen by our experts here in Kentucky at the Robert Alexander Center for Recovery.

Therefore, any [treatment](#) will be backed by an experienced team of professionals. A comprehensive and compassionate approach is integral to success, but appreciating the fact that every patient is different is the most important feature by far.

However, individually tailored rehab plans for cocaine addiction will include several key stages;

Diagnosis – This can include a dual diagnosis for coexisting mental health issues that may have influenced the addiction.

Detoxification – The monitored [detoxification](#) phase includes the management of withdrawal symptoms.

Treatment – The treatment phases could include group therapy, cognitive behavioral therapy (CBT), and popular 12-step programs.

Aftercare – This may include group recovery sessions, like Narcotics Anonymous, and community events.



Why drug rehabilitation centers are necessary

Cocaine is an immensely addictive drug that can be very difficult to overcome without professional support, not least due to its increased accessibility. A range of inpatient and [outpatient](#) cocaine recovery programs are available at dedicated rehab venues like Robert Alexander Center for Recovery.

There are many reasons to choose this type of drug rehab service over alternative methods. Aside from working with experts who specialize in stimulant addiction, you will find that the state-of-the-art facilities support you on every step of the journey as well as a peaceful and private setting.

Meanwhile, each session is built to facilitate continued progress. This is embodied further by the ongoing aftercare that is available for as long as it is required.

Moreover, cocaine drug rehab solutions work around the individual's life. This means continuing to live at home and continue daily life while visiting the center for a set number of hours per week. [Intensive outpatient programs](#) can offer up to 30 hours of support per week while less intense services could be just a small number of hours.

Finding the right balance between the patient's rehabilitation needs and circumstances will maximize the hopes of staying sober.

Cocaine rehabilitation will include detoxification, therapy, and psychiatry sessions alongside other techniques as per the best interests of the patient. It is the safest, most effective, and most private approach by far.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

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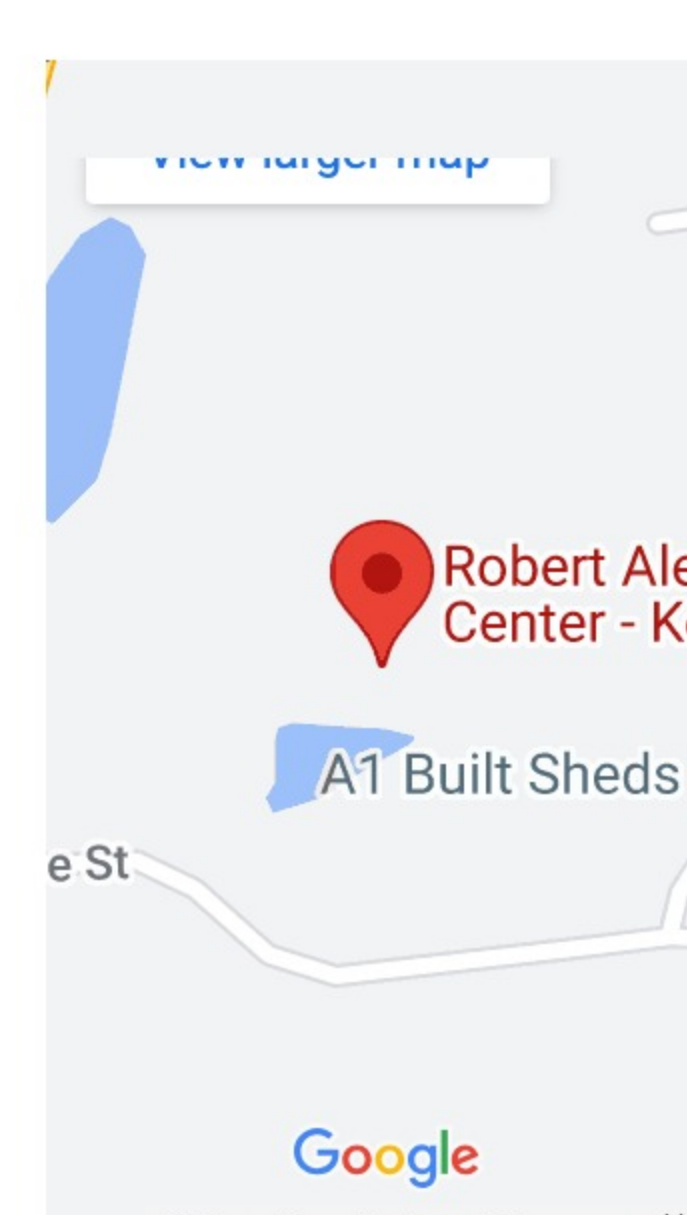
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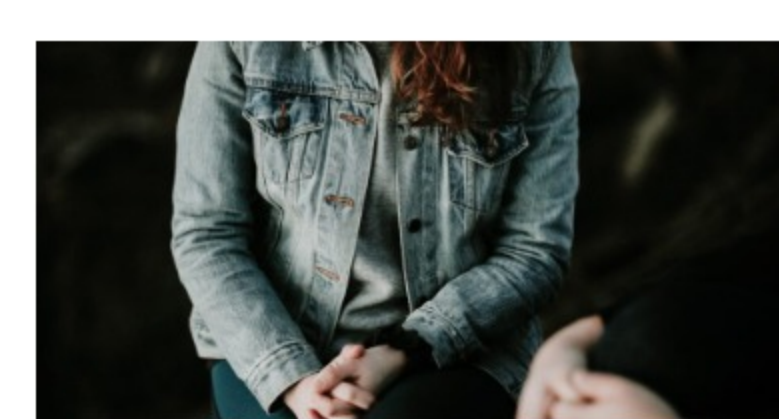
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