

Drug Abuse Effects On Veterans And Their Families

by Robert Alexander Center | Oct 18, 2022 | Blog



Drug abuse is a problem that affects people from all walks of life. However, military veterans and their families seem to be particularly affected by drug abuse. There are many reasons for this, including the fact that veterans often have easy access to drugs and may be struggling with mental health issues after returning from combat.

In this article, we will discuss the effects of drug abuse on veterans and their families. We will also provide information on how to get help if you or someone you know is struggling with addiction.

Veterans are Twice as Likely as Non-veterans to Struggle with Substance Abuse

Veterans are twice as likely as non-veterans to struggle with substance abuse, according to the National Institute on Drug Abuse. This is a problem that can have devastating effects on veterans and their families.

Veterans who struggle with addiction may lose their jobs, homes, and even custody of their children. In addition, drug abuse can lead to mental health problems and increased risk of suicide.

Reasons Why Veterans May Be More Prone to Drug Abuse

There are many reasons why veterans may be more prone to drug abuse. For one thing, they often have easy access to drugs. Veterans may also be struggling with mental health issues after returning from combat.

These issues can include post-traumatic stress disorder (PTSD), depression, and anxiety. PTSD can lead to flashbacks and nightmares, which can make it difficult for veterans to cope with everyday life. As a result, many turn to drugs in order to self-medicate and numb their feelings of pain and anguish.

In addition, many veterans are prescribed painkillers after returning from combat. These drugs can be addictive and may lead to abuse. Veterans may also turn to alcohol to cope with their problems. Alcohol abuse is a serious problem among veterans, and it can lead to liver damage, brain damage, and even death.

The Effects of Drug Abuse on Veterans and Their Families

The effects of drug abuse on veterans and their families can be devastating. Addiction can tear families apart and lead to financial ruin. In addition, drug-related crime can put a strain on relationships. Moreover, children of addicts may suffer from neglect or even abuse.

How to Get Help

If you or someone you know is struggling with addiction, there is help available. There are many options available for both alcohol treatment and drug treatment, and the first step is to reach out for help.

You can contact an [addiction treatment center](#) or the Veterans Administration for assistance. In addition, there are many support groups available for families of addicts. These groups can provide much-needed support and guidance. Finally, if you are struggling with addiction, remember that you are not alone and there is help available.

Treatment Options for Veterans

There are many addiction treatment options available for veterans. Treatment options include:

Detoxification

This is the first step in addiction treatment. [During detox](#), the body is cleansed of all drugs and alcohol. This process can be difficult and uncomfortable, but it is necessary in order to start the recovery process.

Rehabilitation

[Rehabilitation](#) involves helping the addict learn how to live a drug-free life. This may involve therapy, counseling, and group support.

Medication

In some cases, medication may be necessary to help with the recovery process. Medication can help to reduce cravings and withdrawal symptoms.

Aftercare

Aftercare is important in order to maintain sobriety. Aftercare may involve support groups, therapy, and counseling.

If you or someone you know is struggling with addiction, there is help available. Treatment options exist that can help addicts recover from their disease. With treatment, veterans can overcome addiction and live healthy, productive lives.

The Robert Alexander Center for Recovery in Kentucky is a residential treatment facility that specializes in helping veterans overcome addiction. The center offers a [variety of services](#).

The Robert Alexander Center for Recovery is committed to helping veterans overcome addiction and rebuild their lives. If you or someone you know is struggling with addiction, please reach out for help.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

Site Map

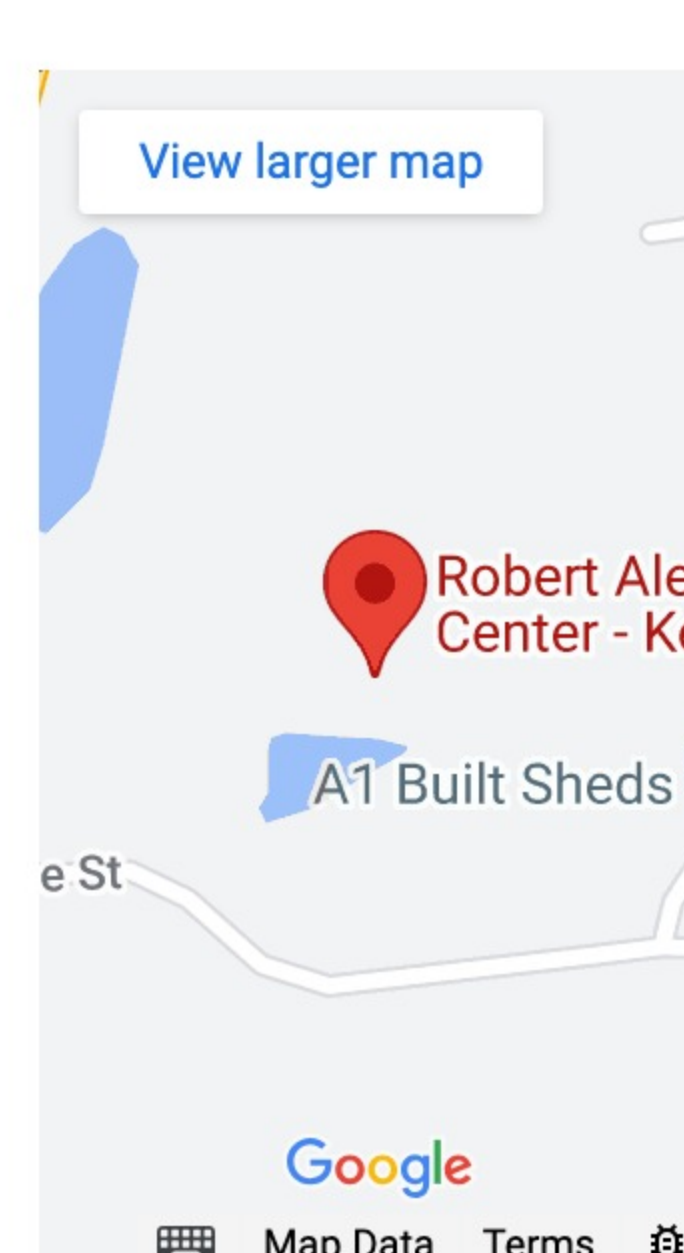
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130 Hope Street
Mount Washington,
Kentucky 40047



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Who We Help

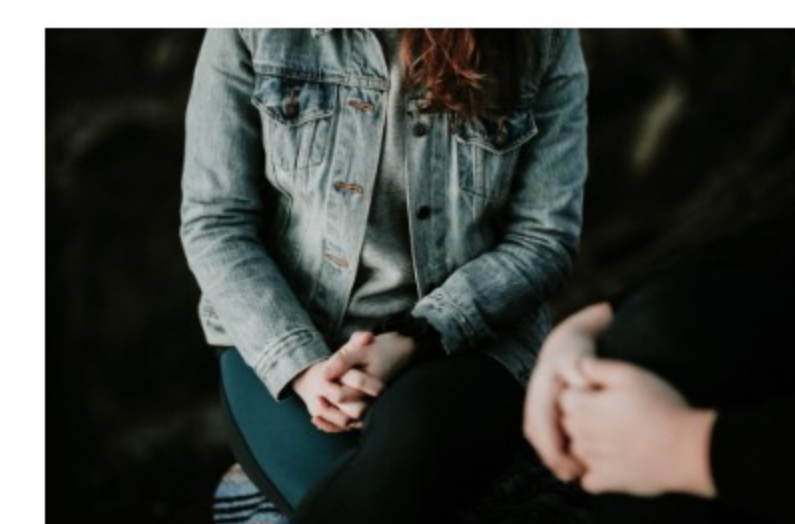
- [Men](#)
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Treatment Programs

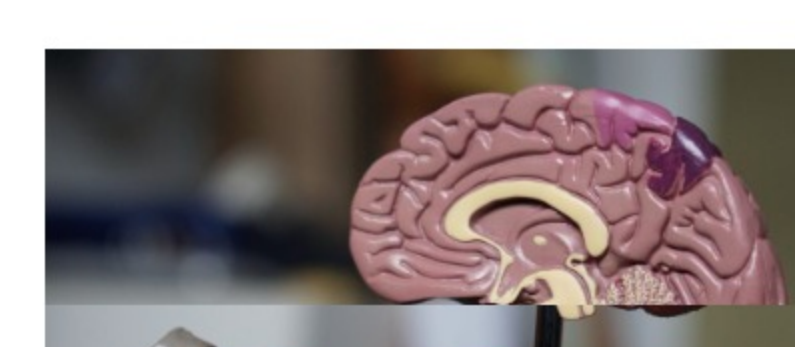
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- [60 Day Drug Rehab Program](#)
- [90 Day Drug Rehab Program](#)



[The Difference In Residential Vs. Partial Hospitalization In Addiction Rehab](#)



[Can Alcoholics Successfully Moderate Their Drinking Habits?](#)



[Brain Recovery From Opioid Addiction: A Timeline](#)



[Breaking The Cycle: Treating Trauma For Lasting Recovery](#)



[Setting And Achieving Goals: Using Sober November As A Catalyst For Change](#)

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