

Alcohol Abuse Trends in Kentucky

by Robert Alexander Center | Jan 5, 2023 | Blog



Many Americans struggle with alcohol abuse and addiction with statistics estimating that 1-in-10 Americans aged 12 and above have Alcohol Use Disorder. The effects of this are far-reaching including devastating families, destroying communities, and hurting the economy. Alcohol abuse also takes lives with more than 140,000 Americans dying from the effects of alcohol in an average year.

Kentucky hasn't fared very well when it comes to alcohol abuse. With the Bluegrass state producing most of the world's bourbon, alcohol plays an important part in its economy. Unfortunately, many Kentuckians know only too well the effects of alcohol addiction.



Alcohol Abuse Trends in Kentucky

To get a clearer picture of alcohol abuse in Kentucky, we'll have to crunch some numbers.

According to the CDC, Kentucky had the 3rd highest binge drinking rate in the country in 2018 at 15.8%. Louisville took the lead with 18% of residents admitting to binge drinking. Men were twice more likely to binge drink than women.

On average Kentucky has 2206 annual deaths attributable to excessive alcohol use. 70.6% of those who die from excessive alcohol use are male and 83.7% of the deaths are of people aged 35 and older. 2.67% of those deaths are people under 21 years.

Unfortunately, deaths due to excessive alcohol use have increased in recent years. The average annual rate of excessive alcohol deaths per capita in Kentucky increased by 40.2% from 2015-2019.

The effect of alcohol abuse is apparent in Kentucky. It has led to increased hospitalizations, alcohol-related deaths, and crashes. It becomes worse when you consider that some Kentuckians get behind the wheel after drinking, with 20.5% of fatalities being attributed to alcohol-impaired driving deaths. In 2019, 21988 DUI arrests were made in Kentucky.

Alcohol Rehab in Kentucky

Over the years, increased awareness about the dangers of alcohol abuse has led to an increase in the number of people seeking alcohol addiction treatment in Kentucky.

If you or someone you love is struggling with alcohol addiction, the [Robert Alexander Center for Recovery](#) is ready to help. Our goal is to offer affordable and accessible drug and alcohol treatment for all clients who walk through our doors. We understand how difficult it can be to rid the body of harmful toxins and offer [medical detox](#) to make the process as comfortable as possible. With qualified doctors on hand, you can be assured that you'll be in safe hands during detoxification.

We also consider our clients' alcohol abuse history and admit those who need serious care into our [intensive outpatient program](#) while our [outpatient treatment program](#) is for those who have a mild alcohol addiction and busy schedules. Additionally, we also have a [family therapy program](#) to help families that have been affected by alcohol addiction learn healthy ways to rebuild their relationships.

Contact us today and we'll help guide you on the path to recovery.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

Site Map

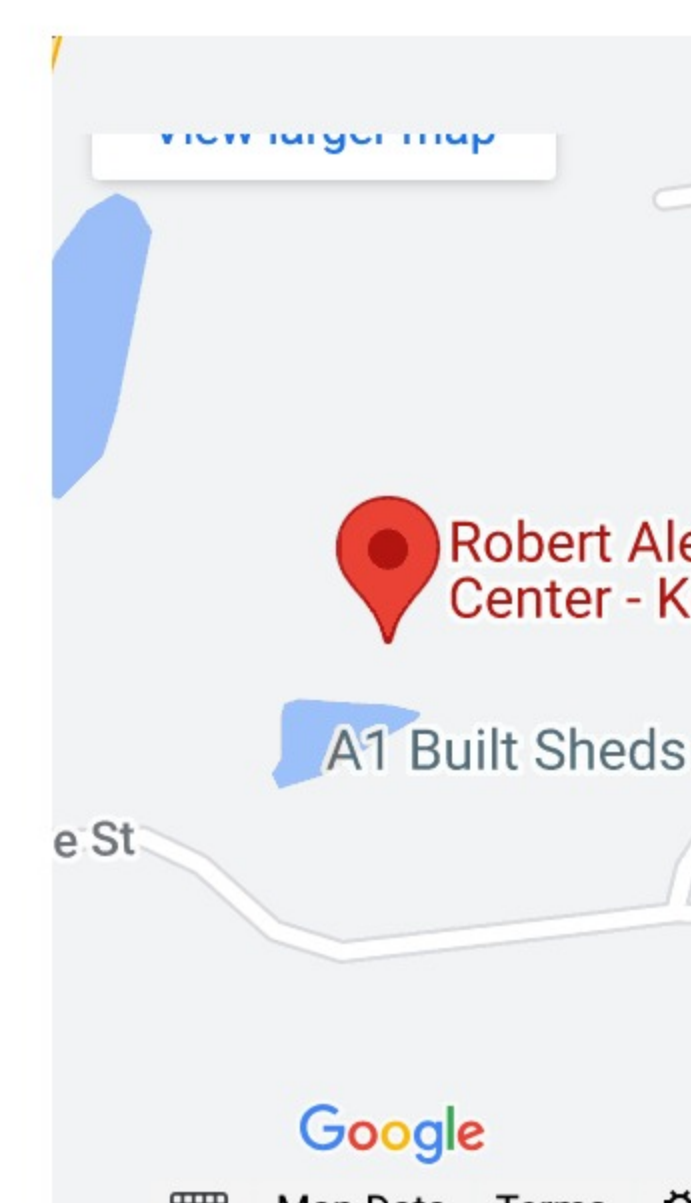
- [Home](#)
- [Tour](#)
- [About](#)
- [Admissions](#)
- [Blog](#)
- [Privacy Policy](#)

Treatment Solutions

- [Detoxification](#)
- [Residential](#)
- [Partial Hospitalization](#)
- [Outpatient Programs](#)
- [Aftercare & Alumni](#)

Get In Touch

130 Hope Street
Mount Washington,
Kentucky 40047



Addictions

- [Alcohol Abuse](#)
- [Opioid Addiction](#)
- [Heroin Addiction](#)
- [Benzo Addiction](#)
- [Cocaine Addiction](#)
- [Crystal Meth Addiction](#)
- [Drug Addiction](#)
- [Alcoholism](#)

About

- [About](#)
- [Media & Videos](#)
- [Last Articles](#)
- [Careers](#)

Areas We Serve

- [Louisville, Kentucky](#)
- [Lexington, Kentucky](#)
- [Bowling Green, Kentucky](#)
- [Corbin, Kentucky](#)
- [Richmond, Kentucky](#)
- [Cincinnati, Ohio](#)
- [Nashville, Tennessee](#)

Who We Help

- [Men](#)
- [Women](#)
- [Professionals](#)
- [LGBTQIA+](#)
- [College Students](#)

Treatment Programs

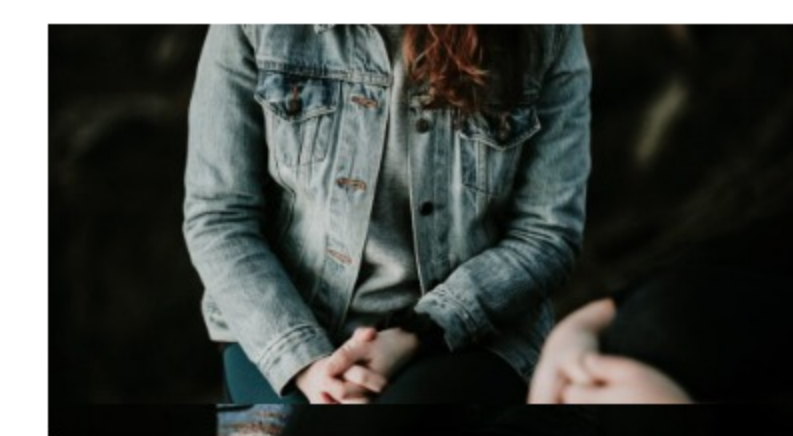
- [30 Day Drug Rehab Program](#)
- [60 Day Drug Rehab Program](#)
- [90 Day Drug Rehab Program](#)

 Search


What Is The Benzo Flu And What Will It Be Like



The Difference In Residential Vs. Partial Hospitalization In Addiction Rehab



Can Alcoholics Successfully Moderate Their Drinking Habits?



Brain Recovery From Opioid Addiction: A Timeline



Breaking The Cycle: Treating Trauma For Lasting Recovery

Key Resources

- Home
- Tour
- Treatment
 - Detox
 - Residential
 - Partial Hospitalization
 - Intensive Outpatient
 - Outpatient
 - Family Program
 - Aftercare Program
- Reviews
- About
- Admissions