

Addiction Treatment In Nashville, Tennessee

by Robert Alexander Center | Jun 8, 2022 | Blog | 0 comments



The [Robert Alexander Center for Recovery](#) provides help, care, and support to those who need it most. Based in Kentucky, we specialize in addiction treatment in [Nashville, Tennessee](#).

What is the Robert Alexander Center for Recovery?

Each client that walks through our doors is provided with personalized and supportive treatment. Addiction is a disease that cannot be treated in a one-size-fits-all way. Our focus is on each patient individually. Every client receives a unique treatment plan that ensures long-term recovery from substance abuse. We will be with you from the first call through discharge. Our goal is to help you and your loved ones recover from drug and alcohol abuse in a lasting and sustainable way. [Your journey begins](#) with a single step. You just have to take the first one.

The Services We Offer

We offer multiple services at our state-of-the-art treatment center. And our drug and alcohol therapies are among the best in the country. Our therapies have proven effective in helping our patients with a severe addiction to drugs and alcohol. These include the following.

Detoxification

We offer effective treatment for addiction because we understand the causes. However, before we can help you, we must [get you off the substances you are addicted to](#). Our modern approach to detox uses evidence-based techniques to begin the process before we begin therapy.

Intensive Outpatient

Our [intensive outpatient program](#) offers non-residential treatment on a part time basis. You receive treatment by visiting our facility a few days a week for a few hours at a time. For a severe case of addiction, anything less wouldn't be good enough, but it requires commitment.

Outpatient

Outpatient care isn't as intense as IOP. But it is no less effective. The main difference is that you can attend outpatient treatment at a more convenient schedule. Therefore, [this type of care](#) is better suited to patients who realize they have a problem and want to do something about it.

We offer these services among many others. And absolutely no one is turned away. We are dedicated to making a difference in the addiction rates across the state of Kentucky. Please review the [treatments we offer](#) and make a decision to change your life for the better.

RAC Treatment Costs

Our program has the advantage that we do not need to charge as much as residential care. You do not have to pay additional fees for your support since you are an outpatient. However, costs may vary according to your plan. Our extensive network of contacts at major insurance providers helps us provide the support you need. Therefore, you can get help with treatment costs. Just complete the information about your insurance benefits, and we'll handle the rest. Just fill out our [Admissions Application Form](#), and we will get back to you as soon as we can.

We welcome anyone, and we treat everyone without judgment. Our unique evidence-based approach combines multiple effective therapies to help you understand the root causes of your problems and begin to tackle them head on.

Submit a Comment

You must be [logged in](#) to post a comment.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

Site Map

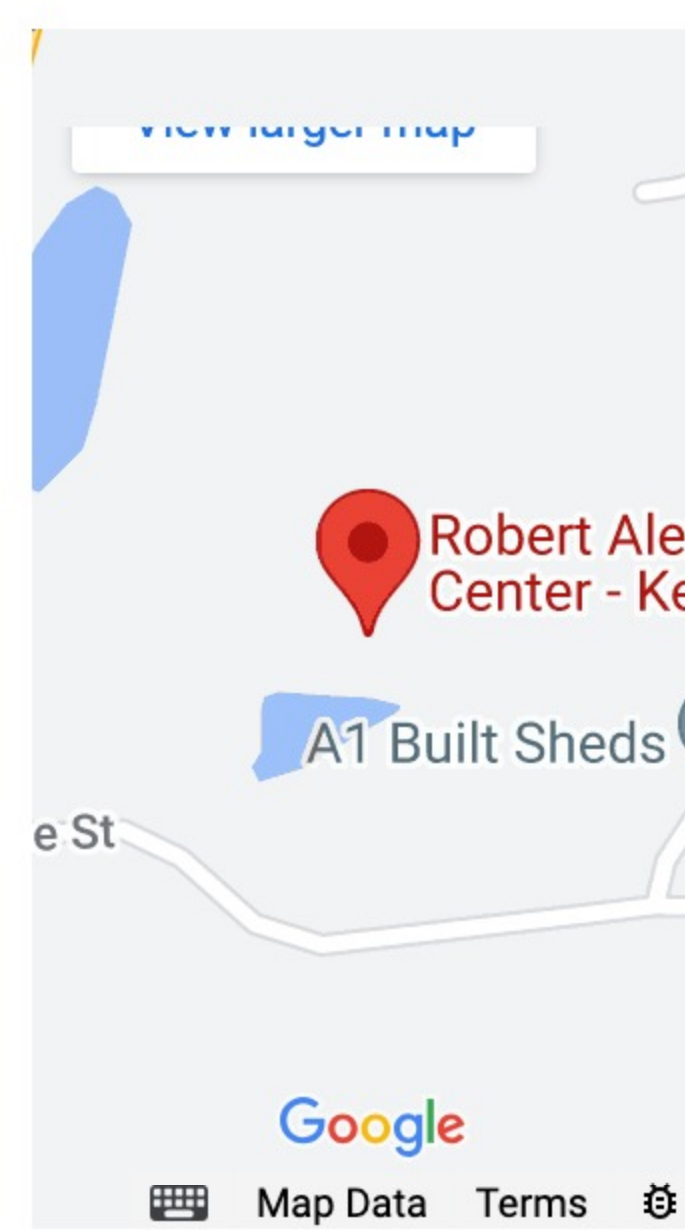
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Get In Touch

130 Hope Street
 Mount Washington,
 Kentucky 40047



Addictions

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Can Alcoholics Successfully Moderate Their Drinking Habits?



Brain Recovery From Opioid Addiction: A Timeline



Breaking The Cycle: Treating Trauma For Lasting Recovery



Setting And Achieving Goals: Using Sober November As A Catalyst For Change



10 Essential Habits For Early Addiction Recovery

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