

Addiction Treatment Center Supporting Columbus, Indiana

by Robert Alexander Center | Oct 4, 2022 | Blog

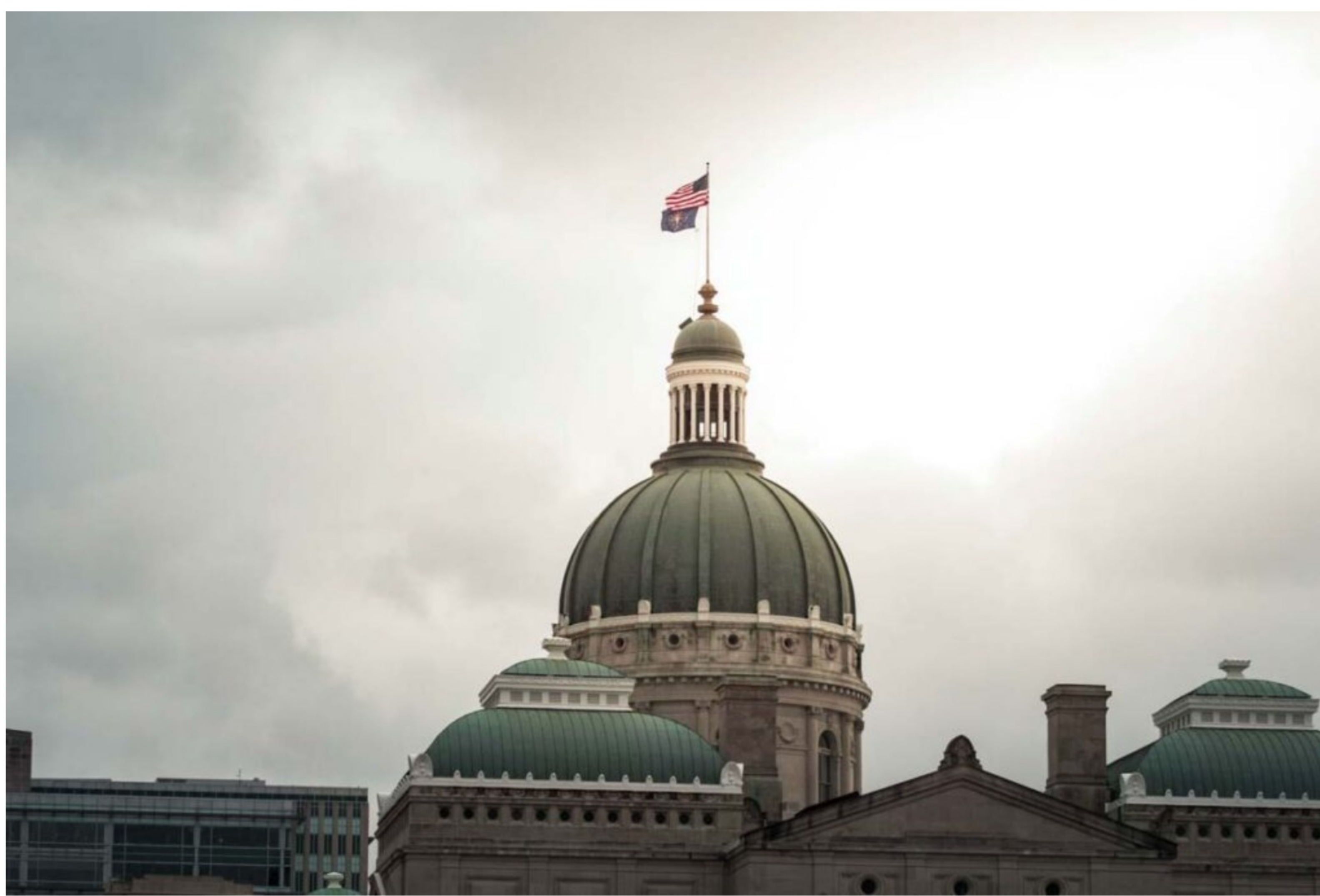


Columbus, [Indiana](#) is no stranger to substance abuse. The high levels of drug abuse here happen largely due to the opioid crisis which has also significantly contributed to a large number of overdose deaths. The most commonly abused drugs include methamphetamine, fentanyl, heroin, and marijuana, among others.



Several addiction treatment centers have come up to combat this crisis, putting rehab treatment within reach of many. While these rehab facilities are playing their part, it's up to you to know how to choose the correct one to support your transition to a sober lifestyle.

What to Expect from the Robert Alexander Treatment Center



Based in Kentucky, the [Robert Alexander Center for Recovery](#) is dedicated to providing high-quality treatment services for residents of Columbus, Indiana, Kentucky, and beyond. Our goal is to provide affordable addiction treatment programs to all those who need them. Here's what you can expect from our rehab facility:

Individualized treatment

Before admission to our treatment center, we'll give you an initial assessment to find out which of our programs will be a match for you. We'll then use the results of the assessment to create an individualized treatment plan based on your unique needs that will give you the best chance at recovery.

Evidence-based programs

We offer clients evidence-based programs using therapies that have been scientifically proven to work. These therapies are designed to help you understand and manage your addiction. Our [intensive outpatient program](#) is designed for those who require a high level of care without going into residential treatment while our [outpatient program](#) is for those who need more flexibility to attend treatment sessions while still keeping up with the responsibilities of their daily lives.

Medically supervised detox

To ensure clients can fully participate in our treatment programs, we first recommend they undergo [medically supervised detox](#). This way they'll purge the harmful toxins left in their systems under the observation of medical professionals. Doing this helps manage withdrawal symptoms as well as any cravings. Once detox is complete, you'll be assessed to decide which one of our treatment programs is suitable for you.

Affordable treatment

We work with major insurance carriers to help cover the cost of treatment. This minimizes out-of-pocket costs for our clients, making addiction treatment affordable. Additionally, we also offer different ways to help our clients meet the cost of treatment.

Aftercare program

We understand that recovery doesn't end when you leave our rehab – it is a lifelong process. That's why we invest time in helping our clients to have seamless transitions back into society by helping to link them with support groups and sober living homes in the community.

Addiction rehab for residents of Columbus, Indiana is available. Contact the Robert Alexander Center for Recovery and let us work together to help you build a life free from addiction.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

Site Map

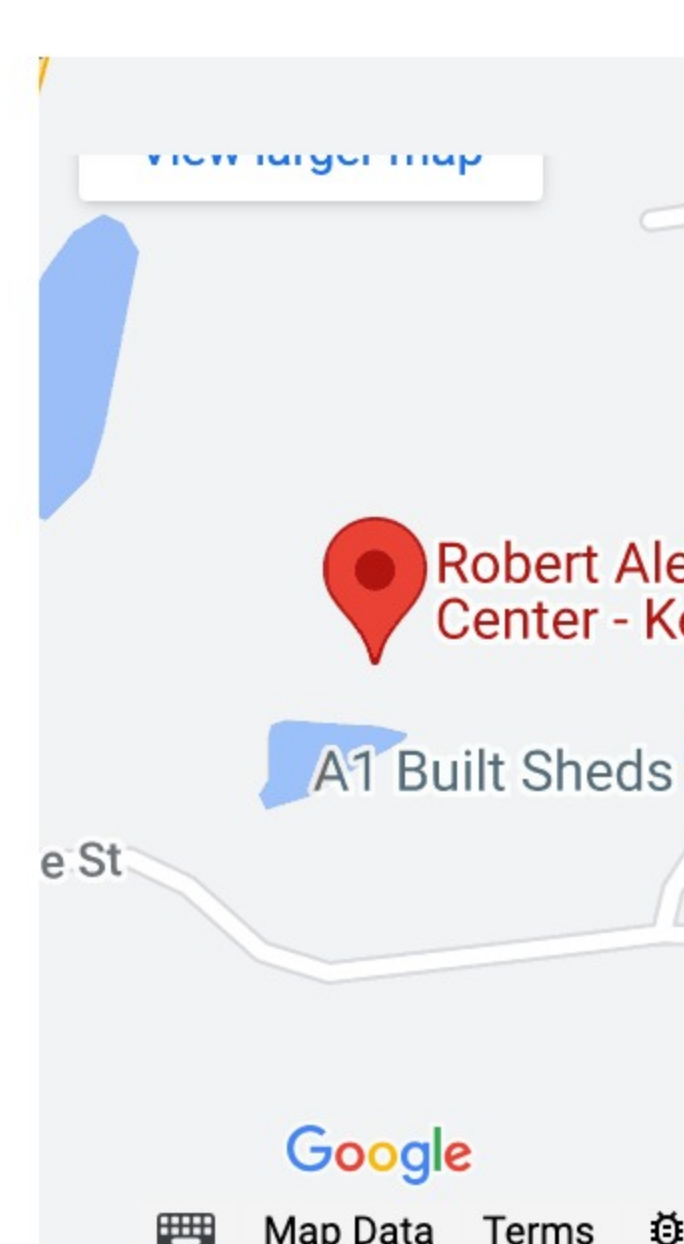
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Treatment Solutions

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Get In Touch

130 Hope Street
 Mount Washington,
 Kentucky 40047



Addictions

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- [Opioid Addiction](#)
- [Heroin Addiction](#)
- [Benzo Addiction](#)
- [Cocaine Addiction](#)
- [Crystal Meth Addiction](#)
- [Drug Addiction](#)
- [Alcoholism](#)

About

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Areas We Serve

- [Louisville, Kentucky](#)
- [Lexington, Kentucky](#)
- [Bowling Green, Kentucky](#)
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- [Richmond, Kentucky](#)
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- [Nashville, Tennessee](#)

Who We Help

- [Men](#)
- [Women](#)
- [Professionals](#)
- [LGBTQIA+](#)
- [College Students](#)

Treatment Programs

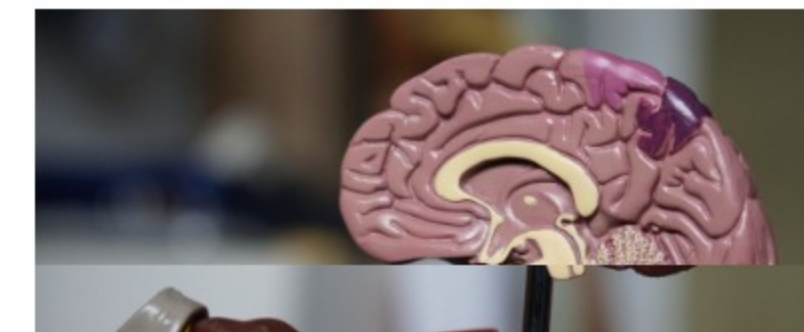
- [30 Day Drug Rehab Program](#)
- [60 Day Drug Rehab Program](#)
- [90 Day Drug Rehab Program](#)

 Search


The Difference In Residential Vs. Partial Hospitalization In Addiction Rehab



Can Alcoholics Successfully Moderate Their Drinking Habits?



Brain Recovery From Opioid Addiction: A Timeline



Breaking The Cycle: Treating Trauma For Lasting Recovery



Setting And Achieving Goals: Using Sober November As A Catalyst For Change

Key Resources

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- Treatment
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 - Residential
 - Partial Hospitalization
 - Intensive Outpatient
 - Outpatient
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