

Addiction Treatment Center Supporting Bardstown, Kentucky

by Robert Alexander Center | Sep 1, 2022 | Blog | 0 comments



Bardstown is one of the most charming towns in the country. It's steeped in history and famed for its bourbon and hospitality.

If you're looking for an addiction treatment center supporting Bardstown, you have a range of options available. There are several accredited rehab centers located near the city and in the larger Kentucky. These treatment centers provide addiction treatment services including inpatient or residential programs as well as outpatient services.

Choosing the Correct Addiction Treatment Center

If you or your loved one is battling addiction in Bardstown, it's important to seek help before it's too late. The longer you wait the more the addiction will take root, causing physical, mental, and emotional damage and making it harder to overcome.

With this in mind, it's important to know how to choose the correct facility to support your recovery. You need to look out for:

The treatment specializations at the rehab

Addiction treatment facilities vary in the type of addiction they specialize in. While some treat both alcohol and drug addiction, others focus on only one of those. Some provide treatment for a dual diagnosis i.e. where you have a mental health issue along with addiction. Choosing a rehab center that specializes in your addiction increases your chances of recovery.

The treatment programs offered

There are different addiction treatment programs and the one that suits you depends on your individual recovery needs as well as your level of addiction. Most treatment centers require clients to undergo [medically-assisted detox](#) before proceeding to a rehab program. Those with mild to moderate addiction are referred to [outpatient](#) or [intensive outpatient programs](#) while those with more severe addiction are required to attend residential treatment.

The location of the treatment center

When it comes to attending rehab treatment, you can choose to stay local or travel to a treatment center that's in a different location. The advantage of attending rehab close to where you live is that you can easily commute and your family and friends are nearby. Traveling for rehab, on the other hand, allows you to put a negative environment behind you and enhances the aspect of starting over a new life.

The cost of treatment

Addiction treatment costs can quickly add up, especially if you're not covered by insurance. If you choose to travel, you'll have to take the costs of travel, food, and accommodation into account. This makes it important to select a treatment center that is within your budget. If you do have insurance coverage, you need to ensure that the facility accepts your carrier. The [Robert Alexander Center for Recovery](#) is ready to provide addiction treatment for residents of Bardstown, Kentucky, and beyond. We have experienced and accredited addiction specialists, a serene environment, and evidence-based treatment programs to help you transition to a sober life. Talk to us today and let us see how we can help in your recovery journey.

Submit a Comment

You must be [logged in](#) to post a comment.



The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

Site Map

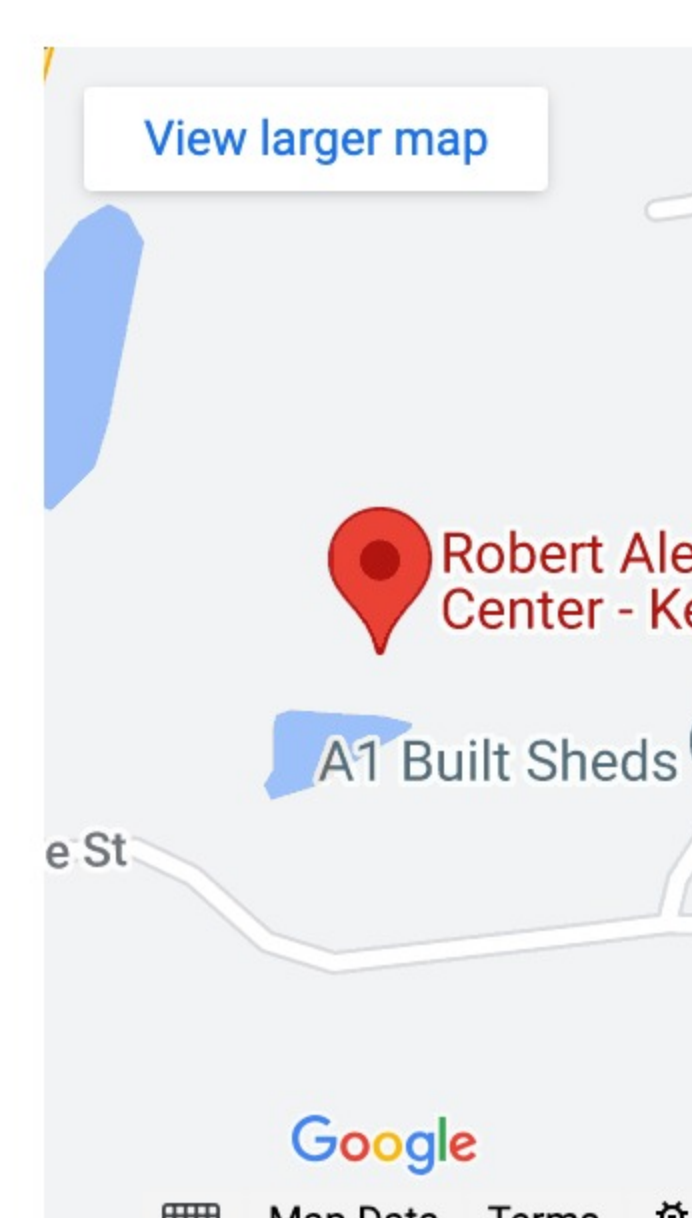
- [Home](#)
- [Tour](#)
- [About](#)
- [Admissions](#)
- [Blog](#)
- [Privacy Policy](#)

Treatment Solutions

- [Detoxification](#)
- [Residential](#)
- [Partial Hospitalization](#)
- [Outpatient Programs](#)
- [Aftercare & Alumni](#)

Get In Touch

130 Hope Street
 Mount Washington,
 Kentucky 40047



Addictions

- [Alcohol Abuse](#)
- [Opioid Addiction](#)
- [Heroin Addiction](#)
- [Benzo Addiction](#)
- [Cocaine Addiction](#)
- [Crystal Meth Addiction](#)
- [Drug Addiction](#)
- [Alcoholism](#)

About

- [About](#)
- [Media & Videos](#)
- [Last Articles](#)
- [Careers](#)

Areas We Serve

- [Louisville, Kentucky](#)
- [Lexington, Kentucky](#)
- [Bowling Green, Kentucky](#)
- [Corbin, Kentucky](#)
- [Richmond, Kentucky](#)
- [Cincinnati, Ohio](#)
- [Nashville, Tennessee](#)

Who We Help

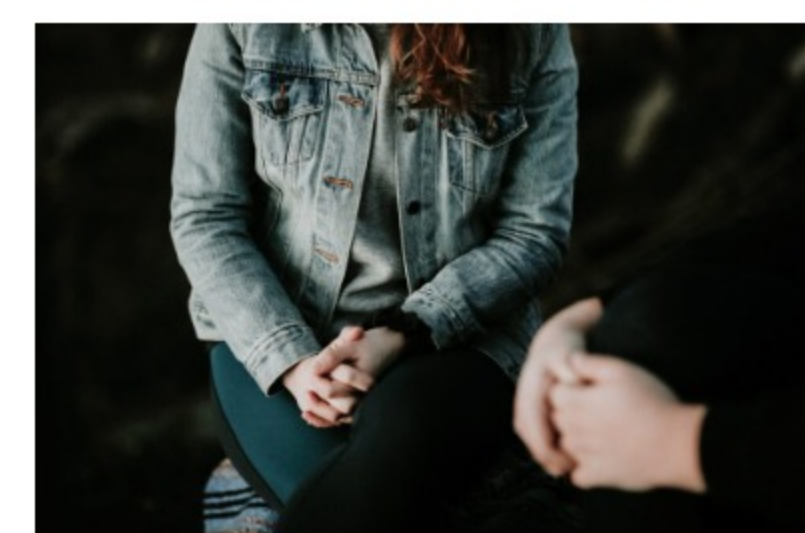
- [Men](#)
- [Women](#)
- [Professionals](#)
- [LGBTQIA+](#)
- [College Students](#)

Treatment Programs

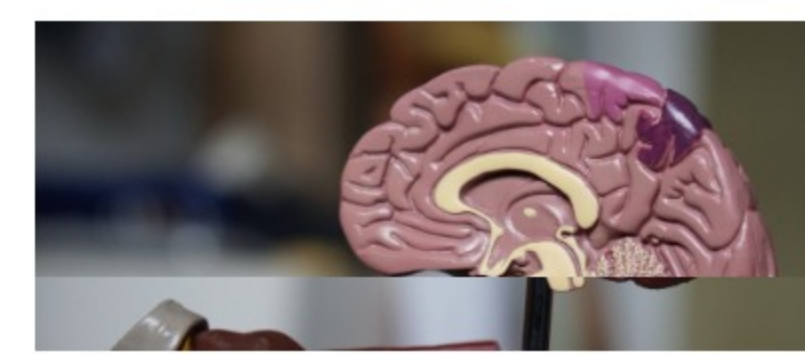
- [30 Day Drug Rehab Program](#)
- [60 Day Drug Rehab Program](#)
- [90 Day Drug Rehab Program](#)

 Search


The Difference In Residential Vs. Partial Hospitalization In Addiction Rehab



Can Alcoholics Successfully Moderate Their Drinking Habits?



Brain Recovery From Opioid Addiction: A Timeline



Breaking The Cycle: Treating Trauma For Lasting Recovery



Setting And Achieving Goals: Using Sober November As A Catalyst For Change

Key Resources

- Home
- Tour
- Treatment
 - Detox
 - Residential
 - Partial Hospitalization
 - Intensive Outpatient
 - Outpatient
 - Family Program
 - Aftercare Program
- Reviews
- About
- Admissions