

# 4 Top Addictive Benzodiazepines To Be Aware Of

by Robert Alexander Center | Nov 30, 2022 | Blog



Benzodiazepines are a class of sedative medication used by around 12.5% of the American population. Over 2% will misuse [benzos](#), which has resulted in a growing number of substance abuse cases.

If you are worried about a loved one's dependence on benzos, The Robert Alexander Center for Recovery in Kentucky is here to help. Here are the four most likely candidates to cause an addiction.



## Xanax

Xanax is the brand name for Alprazolam and is prescribed to over 3.5 million Americans annually. It is primarily used to treat anxiety and insomnia. However, its short half life means that many patients become dependent as they seek another short-term high. It is also a common benzodiazepine to be taken in conjunction with alcohol.

A dedicated [drug treatment](#) program may include alcohol treatment or mental health support if Xanax was initially prescribed for related conditions. Either way, a successful treatment for alprazolam addiction can help the patient improve their quality of life.

Xanax is one of the most common sources of benzo's addiction. Do not let its availability undermine its potential danger.

## Valium

Like Xanax, Valium is a regularly prescribed drug. It can help patients through panic while it is particularly common for insomnia. Valium is actually a brand name for Diazepam. Due to the amount of time it stays in your system, [detoxification](#) is an essential feature of any treatment plan as the withdrawal symptoms can be particularly harsh.

Valium has become one of the deadliest drugs due to its high level of addictiveness. While millions of people use them effectively on a temporary basis, anyone that requires them should try to come off them as soon as they feel able to.

Just because millions of people use Valium, it must not cloud your judgment. The longer the issue is left, the harder it'll be to beat.



## Klonopin

A brand name for Clonazepam, Klonopin is well known for its addictiveness. It produces a sense of euphoria that can quickly lead people to dependence even when it was originally prescribed for legitimate purposes. It is one of the more common drugs to be abused by teenagers too, which is a cause for additional concern.

When seeking treatment for clonazepam addiction, [intensive outpatient programs](#) that are tailored to the individual are shown to have high success. If your loved one has shown signs of Klonopin dependence, an early intervention is advised.

If your loved one has been making excuses for why they need to keep taking the drug, get in touch today.

## Halcion

Triazolam, or Halcion, is another benzo that can cause addiction. In fact, it is designed to be used for a maximum of 10 days to avoid the development of a dependence. Anyone that continues to use it beyond this timeframe may require [outpatient care](#) or another form of drug rehab treatment.

Halcion has also been scrutinized on a safety level for over 40 years. This only further highlights the need for anyone suffering from this type of benzo addiction to seek a tailored rehabilitation program.

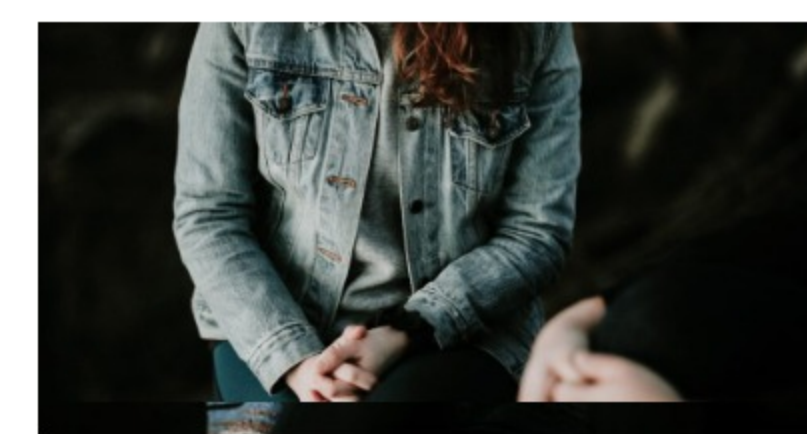
While Halcion isn't as well known as some of the other benzodiazepines, its dangers should not be ignored.

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The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

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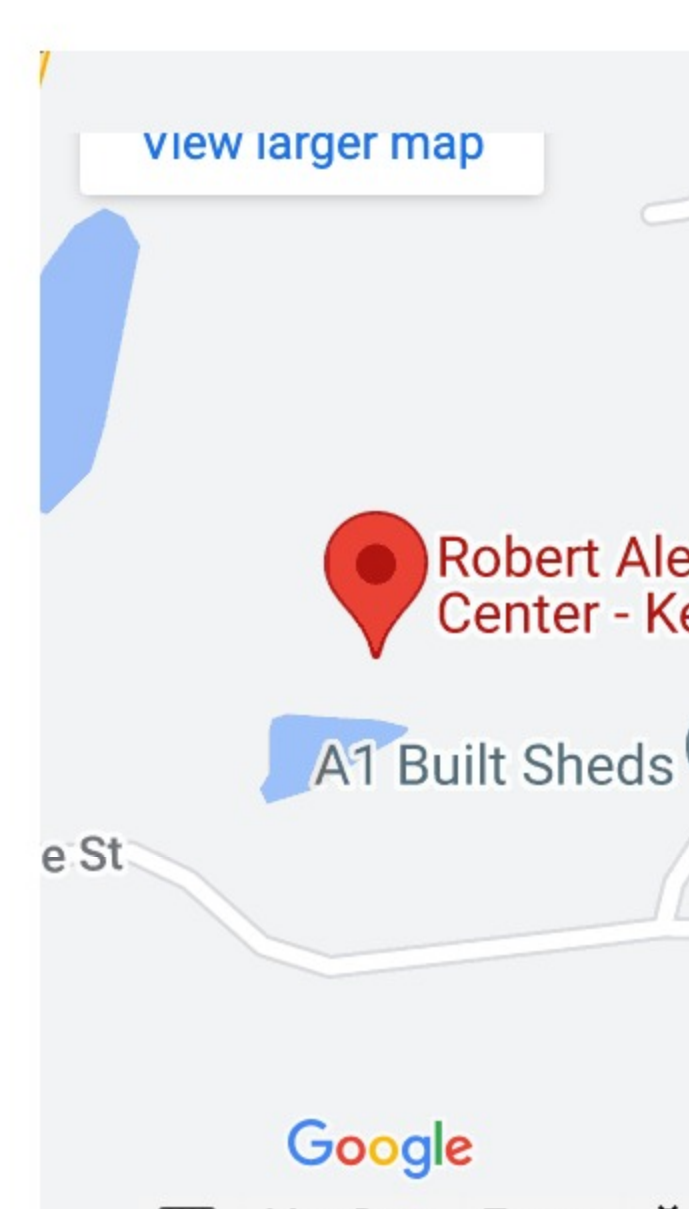
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