

How To Detox From Cocaine Safely

by Robert Alexander Center | Feb 4, 2022 | Blog | 0 comments



When it comes to [detoxing from cocaine](#), individuals are often worried about the withdrawal symptoms. While this is a real worry, individuals who go through cocaine detox and withdrawal from cocaine in a safe manner often experience fewer symptoms and have a quicker turnaround time before they feel normal again. By learning how to safely detox from cocaine, you can get peace of mind during the initial stages of recovery.



At the Robert Alexander Center, we have combined the best holistic treatments for our clients to help them manage every step of the addiction treatment process. Our campus is designed to support individuals through detox, residential treatment, outpatient treatment, and through supportive family counseling. Our expert treatment is designed to meet the needs of each client who enters our program.

[Contact us today](#) to see how our expert professionals can help you safely detox from cocaine use and make a change for the better.

What is Cocaine?

Cocaine is a stimulant derived from the coca plant native to South America. This stimulant impacts the central nervous system and increases the speed of bodily functions. Cocaine is a fast-acting, illegal drug that causes a quick euphoric high. Along with this high that lasts between 15-30 minutes, users may experience:

- Manic energy
- Mental alertness
- Hypersensitivity to light, sound, and touch
- Irritability
- Paranoia

Because cocaine is so fast-acting, individuals who use cocaine typically binge-use the drug, taking it several times over the course of a few hours.

Cocaine is also deadly because of how the drug is distributed. Cocaine is often cut with other white powder substances like corn starch, talcum powder, or flour, but can also be mixed with baby powder, other drugs (usually fentanyl), and strychnine (rat poison). This is sometimes done to increase profit or add additional psychoactive properties to the high.



Is Cocaine Addictive?

Cocaine is an illegal addictive drug. Because of how it is used and how it impacts the brain, even cocaine users who just use it to party are at risk of becoming addicted to the drug.

Cocaine is a fast-acting stimulant, but it also wears off quickly, often within an hour. This causes individuals to take more hits to remain high. This type of binge use is dangerous and increases the risk of overdose and fatal reactions. Additionally, cocaine users often drink or take other drugs while using cocaine. This can cause additional reactions and increase the risk of fatality.

The impact that cocaine has on the brain happens quickly. Cocaine impacts the dopamine receptors in the brain by blocking its ability to filter out. This floods the brain with dopamine and creates the intense high that is associated with cocaine use.

Does Cocaine Cause Withdrawal Symptoms?

Yes, cocaine causes withdrawal symptoms for individuals who have become addicted to the drug. An individual who wishes to quit using cocaine should seek medical support for the process. While the withdrawal symptoms often aren't deadly, they do have an intense impact on the body, and intense cravings to use again often occur within the first week of discontinued use.

Individuals experiencing cocaine withdrawal often experience:

- Depression
- Fatigue
- Increased appetite
- Unpleasant dreams and insomnia
- Slowed thinking



Under the care of a medical professional, an individual detoxing from cocaine can experience fewer symptoms, have supportive care, and begin the addiction treatment process.

How To Detox From Cocaine Safely

At the Robert Alexander Center, we offer [comprehensive detox](#) and [addiction treatment programs](#) to support clients who are ready to make a change in their lives. Through this process, individuals can receive around-the-clock medical support, treatment for their symptoms, and therapeutic guidance from our expert professionals.

Through RAC, we believe that clients should have the opportunity to become who they want to be. With combined mental, physical, and emotional therapeutic treatments, our clients can work on becoming the best version of themselves while learning to manage their triggers, practice mindfulness and self-care, and how to forgive themselves.

[Contact](#) the Robert Alexander Center today. Expert treatment for lasting recovery.

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The Robert Alexander Center for Recovery is a brand new, state-of-the-art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

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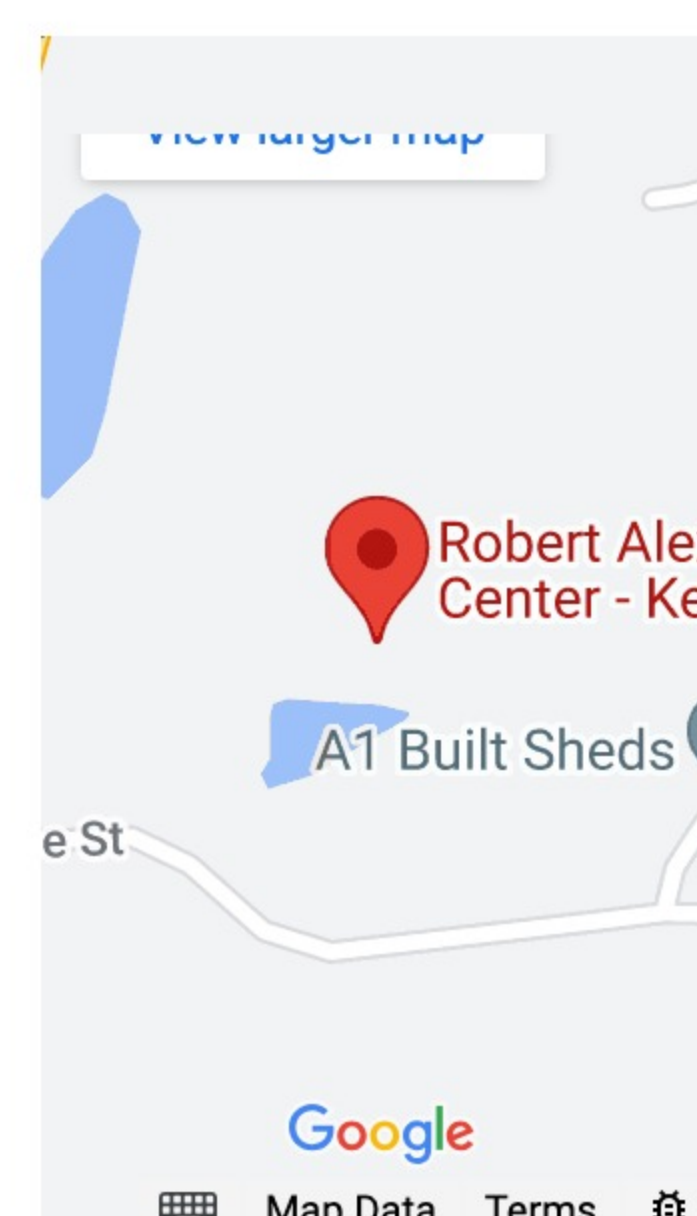
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