

Does Tricare Insurance Cover Rehab?

by Robert Alexander Center | Mar 10, 2022 | Blog | 0 comments



When considering treatment for a substance use disorder, it is helpful to see what coverage your insurance provider can offer. For example, individuals with Tricare Insurance can be assured that all or at least part of their rehab experience may be covered through their policy. Those with Tricare insurance may be wondering, does Tricare insurance cover rehab?

At the Robert Alexander Center, clients work through their addiction treatment through comprehensive plans that cover every aspect of addiction treatment, from detox to aftercare. We pride ourselves on providing expert care for lasting recovery.

Speak with an intake specialist today to verify your insurance and see which of our programs best fit your rehabilitative needs.

What Is Inpatient Rehab?

Inpatient rehab is addiction treatment designed to provide a comprehensive support system as individuals transition through the early stages of detoxification and rehabilitation. Clients receive care from therapists, counselors, doctors, nurses, and support staff while working through the initial problems of getting sober.

In inpatient rehab, clients will meet independently with a therapist or counselor, have group sessions, work with doctors and nurses to ensure physical health and safety, and learn the skills necessary for maintaining sobriety.

What are the Signs You Need Inpatient Rehab?

Individuals who require the supportive care provided in inpatient rehab may display several symptoms generally related to substance abuse and often fit into one of a few categories. Individuals who have severe substance use disorders, having two or more symptoms in the DSM-V, those who have comorbid mental health disorders, and those who have lapsed or relapsed while attending less structured rehabilitation.

Most commonly, individuals who need inpatient rehabilitation will show signs of a substance use disorder that is diagnosable as severe. This includes having two or more of the following symptoms in the last year:

- Drug use, jeopardizing your mental or physical health
- Relationship problems due to drug use
- Neglected obligations at school or work
- Legal problems
- Withdrawal symptoms
- Tolerance, leading to needing more of the drug to achieve the same effects
- Inability to quit/control use
- Physical/psychological problems related to use
- Activities are given up to use.
- Cravings to use

Additionally, individuals who have substance use disorders, combined with an additional mental health disorder, often find the structure and support of inpatient rehab necessary for successful rehabilitation and sustained sobriety. Individuals with comorbid mental health disorders require treatment through inpatient rehab because of the level of treatment to find success. Individuals who attempt to use outpatient rehab for comorbid rehabilitation have higher instances of relapse.

Lastly, individuals who have experienced a lapse or relapse in an outpatient program should seek out the support of inpatient rehabilitation. Through this process, they can have a safe and structured environment through detoxification and addiction treatment.



Does Tricare Insurance Cover Rehab?

Tricare Insurance covers some parts of inpatient rehab and outpatient treatment. All insurance policies must cover some therapy; however, what it covers explicitly can be different based on the policy and treatment center.

To know what your Tricare Insurance policy covers, contact Tricare and see if they have any in-network rehab centers available in your area. They will be able to specifically detail your coverage and even sometimes help you find in-network rehab centers in your area.

If you are interested in finding out if the [inpatient addiction treatment center](#) you'd like to attend accepts your insurance, you can call or check online to verify your insurance coverage. Treatment centers will be able to give you an insight into what your insurance policy covers and how much out-of-pocket cost you could incur during your stay.

How to Find In-Network Inpatient Rehab

Finding in-network inpatient rehab can be a challenge if you have specific requirements on your location or therapy requirements. Still, it can be done with the help of your Tricare Insurance and through the Robert Alexander Center.

At the Robert Alexander Center, we are happy to [verify your Tricare Insurance coverage](#) and help you identify the appropriate level of treatment necessary for your successful rehabilitation. We serve individuals beginning in detox and transitioning to whichever level of care is most suitable to their needs. Inpatient care, partial hospitalization, and outpatient treatment are available on our campus, as well as extensive aftercare planning for after program completion.

Through the Robert Alexander Center, we are ready to help you find the best [rehab center that accepts Tricare Insurance](#).

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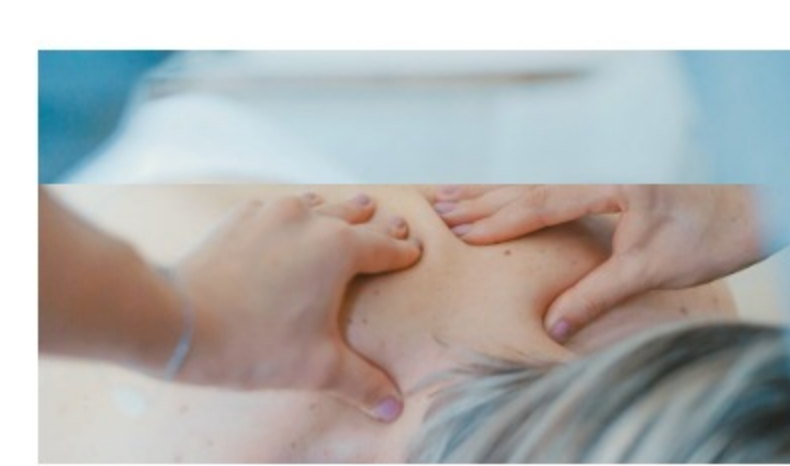
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The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.

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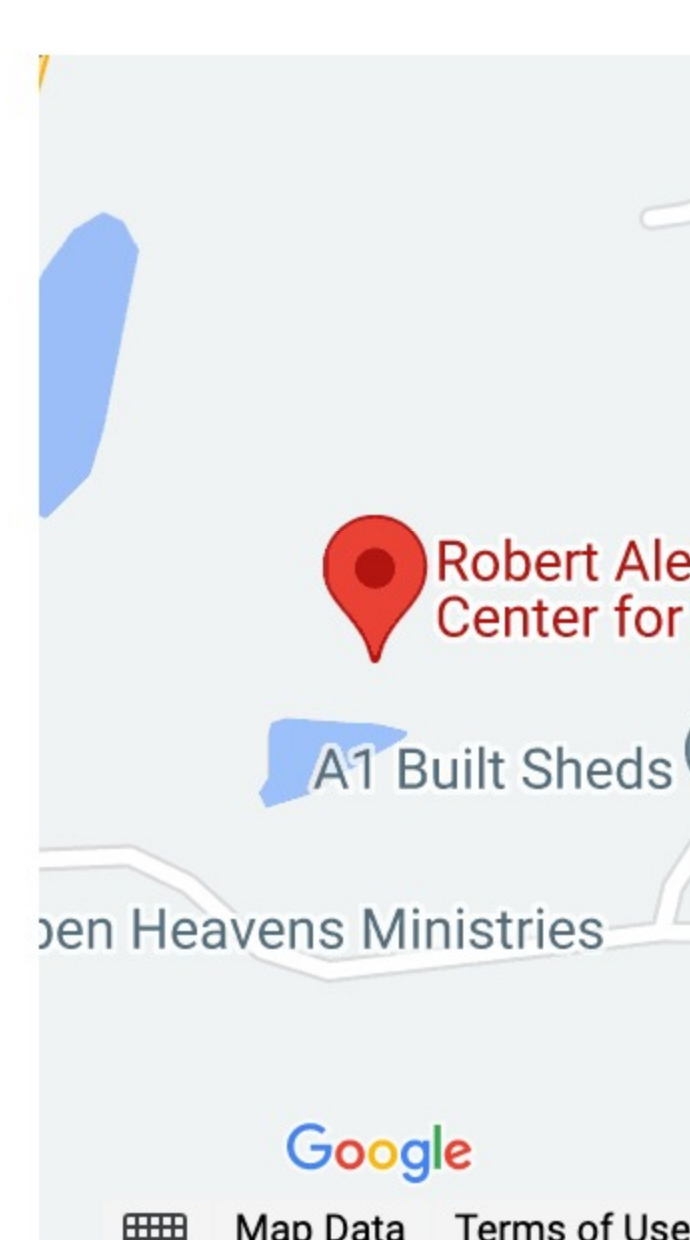
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