

Tips for Parents: How to Help a Drug Addict Son

Date: 14 July, 2021 | By Manny

Loving a child with an addiction is one of the most challenging things you may have to do as a parent. Watching them struggle with the mental, physical, and emotional impact of alcohol on their life can be just as challenging for you.

You may feel helpless in this situation, but your willingness to help and support your child through this difficult time could be the difference they need to see that change is worth it, that they are worth it.

If you are struggling to figure out how to help your drug addict son, let's look at how to stage an intervention and how to find appropriate addiction treatment for their needs.

The Robert Alexander Center is a comprehensive addiction treatment center that tailors treatment plans for each individual client, by combining group, individual, and family therapy to inspire physical, mental, and emotional healing.

How to Help a Drug Addict Son

If you are wondering how to help a drug addict son, you have already taken the first step in supporting your child through their mental illness. Addiction is a disability and should be treated with compassion and support, even if that sometimes looks like setting firm boundaries.

To initially help a drug addict son, you can stage an intervention. Interventions can be done through doctors, therapists, and even your own personal insights. Interventions occur when you make your addicted loved one aware of how alcohol is impacting their life and provide an opportunity for change.

Individual interventions should be designed to affect the actions individuals take with regards

Individual interventions should be designed to affect the actions individuals take with regards to their health. By telling or showing individuals the impact of their actions and providing an opportunity to change with addiction treatment, you can help your drug addict son with support and compassion.

But how do you find addiction treatment that is helpful for your child?

Addiction treatment comes in many forms. It might be residential inpatient care that can provide 24/7 support for your son while he completes an addiction treatment program or it may be outpatient treatment that he attends while working and maintaining a semi-normal lifestyle.

While individuals may be successful in both of these options, addiction is a difficult mental illness and relapses can occur. Outpatient rehabilitation, where an individual lives a seminormal lifestyle does not remove them from the possible environmental and social triggers that impact his drug use, while residential inpatient care does. When it comes to residential care, individuals have the opportunity to get sober in a structured environment surrounded by technicians and medical professionals dedicated to their sobriety. In this instance, triggers come after an individual completes a program and returns to their initial environment. Some residential inpatient options offer sober living opportunities after completing a program to support individuals after rehab.

The Robert Alexander Center: A Safe Place to Get Sober

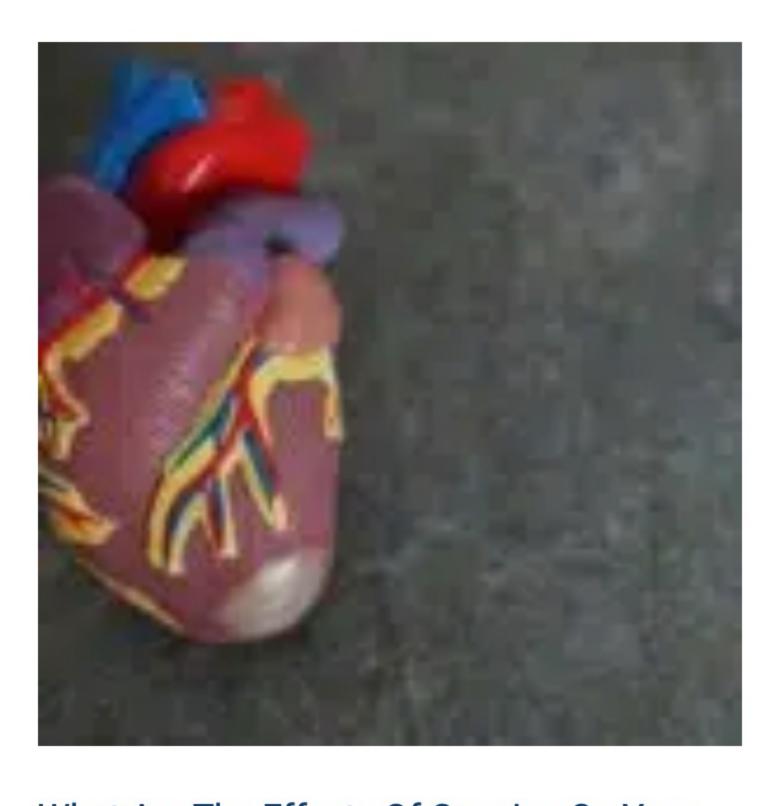
The Robert Alexander Center is a state-of-the-art addiction treatment center that can support your son's addiction treatment through residential care, intensive outpatient therapy, outpatient care, and facilitated aftercare opportunities. By providing multiple styles of treatment for your son, we are able to tailor addiction treatment to his individual needs.

By offering opportunities for individual, group, and family therapy our clients receive the best of traditional and alternative therapies. Combining classing behavioral therapy with creative arts and movement therapies, we can create a holistic healing environment that supports the mental, physical, and emotional health of your son.

The Robert Alexander Center is an alcohol and drug addiction treatment center dedicated to supporting individuals through every step of their transition to a sober lifestyle.

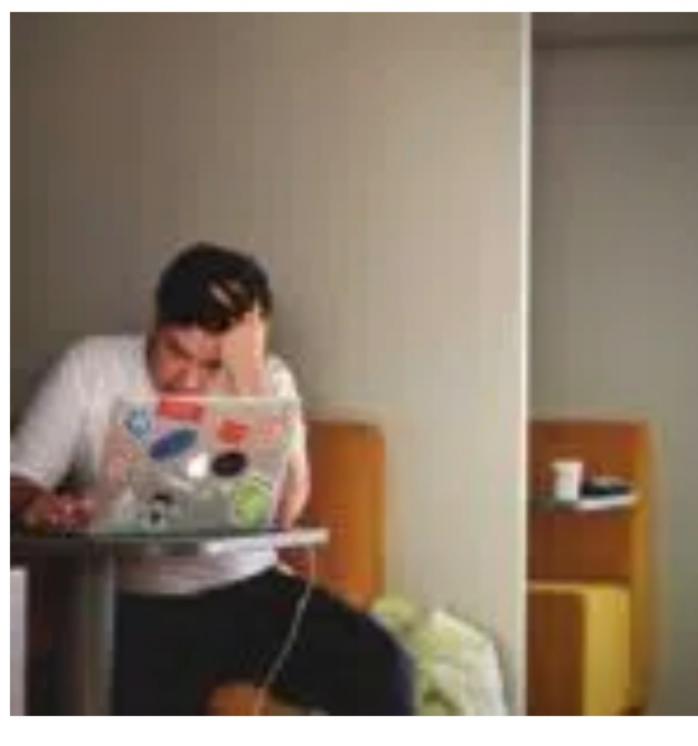
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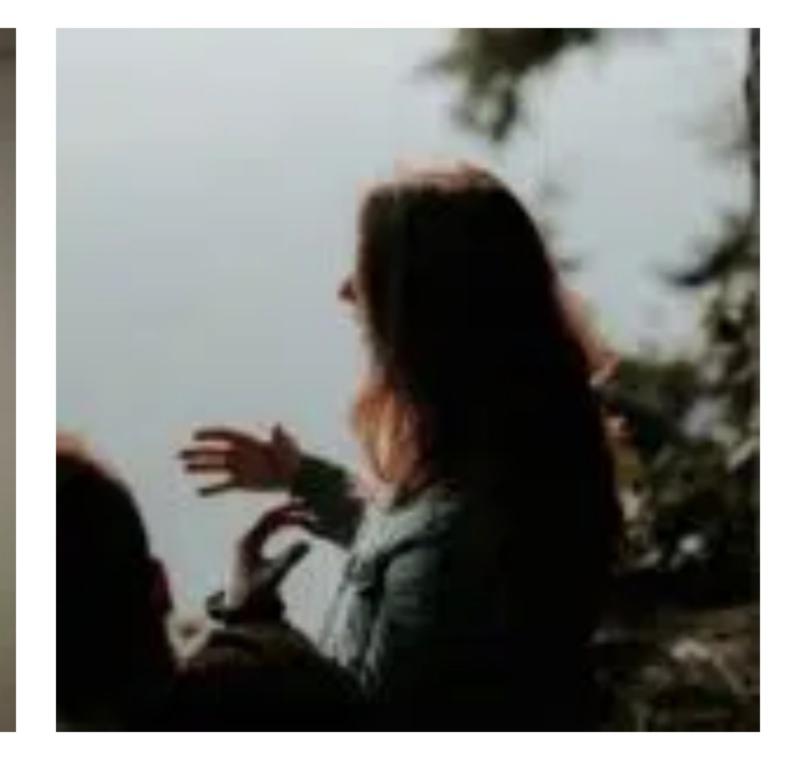
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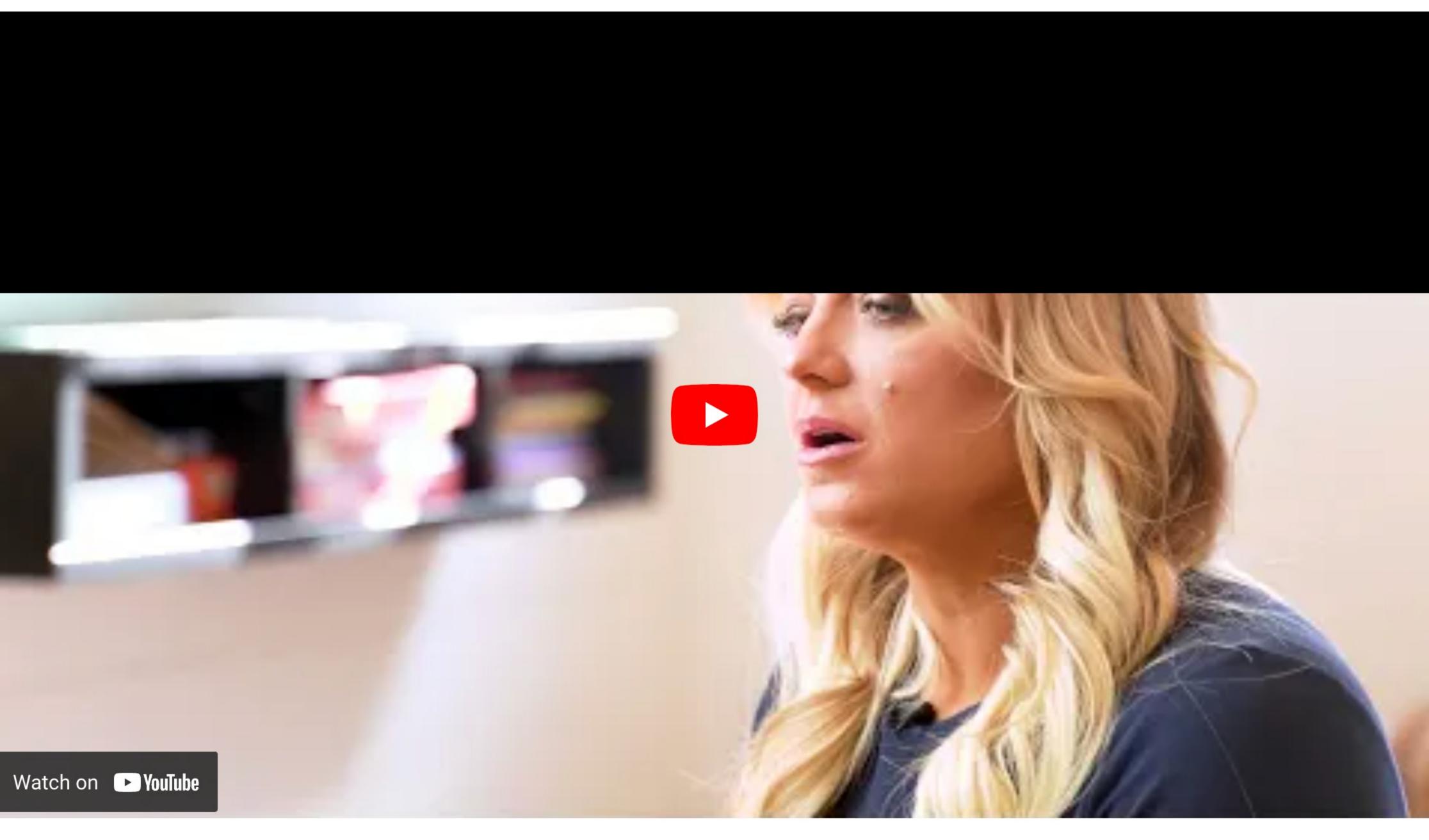
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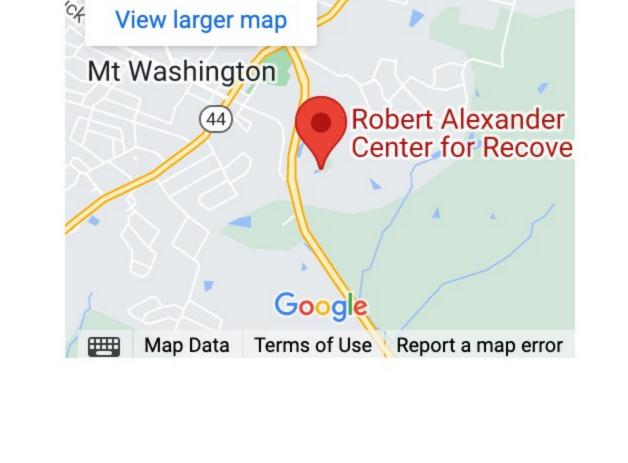
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