Owensboro Kentucky Alcohol & Drug Rehab & Addiction Treatment Center

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By Robert Alexander Center

According to the 2019 United States Census Bureau, Owensboro city is home to an estimated 60,000 people. This makes it among the most populated cities in Kentucky. Due to this, drug abuse and overdose rates have gone up since the early 2000s, when America's epidemic began. Owensboro, therefore, contributes to the high death rate in Kentucky due to drug and alcohol addiction.

Owensboro Kentucky Alcohol & Drug Rehab & Addiction Treatment Center came to assist people by helping save lives of those grappling with addiction. One of the challenges with drug and alcohol abuse is that many people never get help on time. Most end up losing their lives due to an overdose before they realize they need help.

Despite knowing the risks of addiction, many people fall in too deep before realizing it. Individuals use drugs as an escape and relief from mental or emotional anguish. You must look out for signs of addiction in your loved ones so that they can seek the help they need from Owensboro Kentucky Alcohol & Drug Rehab & Addiction Treatment Center.

Despite the severity of the addiction, our Kentucky program provides long-lasting solutions for your loved ones and gets them on the road to recovery. At Robert Alexander Center for Recovery in Kentucky, we offer quality and effective care in a serene environment to shift your focus and attention to complete recovery. Some of our distinct treatment options are:

Detoxification

Entering a detox is the first step to fast-tracking your recovery process from addiction. It eliminates drugs and alcohol from your system and creates a lee-way for other programs. Depending on how severe your addiction is, our professionals at Owensboro Kentucky Alcohol & Drug Rehab & Addiction Treatment Center can prepare a medically assisted detox. Similarly, you can get medication if you experience severe withdrawals to alleviate the pain and discomfort.

Residential Inpatient

At Robert Alexander Recovery Center, we have a state-of-the-art facility for drug and alcohol addiction patients to reside in. When you're through with the inpatient care program, which is more clinical, you're ushered into an oasis of comfort and luxury to ensure your focus and attention are drawn to recovery. It is a home away from home where there are no distractions or temptations, and our team is there throughout to provide compassionate care.

Partial Hospitalization

For patients experiencing severe addiction, a partial hospitalization program is an ideal option. The program is rigorous and offers a more intensive and structured treatment regimen than the usual outpatient programs. PHP is suitable for patients who don't require 24/7 supervision but need a lot of support.

Patients who enroll in PHP must adhere to a structured schedule that includes daily skill-building treatment and many therapy hours. They must commit to attending sessions 3 to 5 days weekly for 4 to 6 hours a day. The individuals can go home every night, making it possible to ease back to their drug-free lives.

Outpatient Programs

These are options that don't require individuals to reside in the facility, including:

- Intensive Outpatient: The program is ideal for those who can't leave their commitments like work or family to receive help. The intensive outpatient program at Kentucky provides group counseling, individual therapy, addiction education, and medical management. We also monitor drug and alcohol abuse through regular drug tests.
- Outpatient: Our outpatient program at Kentucky is suitable for people with mild or moderate addiction. Our medical team assesses your needs and creates an ideal treatment plan. With a few hours during particular days of the week, group and individual counseling can get you back on track.

Family Therapy

Drug and alcohol addiction affects not only the user but also the family. That is why at Owensboro Kentucky Alcohol & Drug Rehab & Addiction Treatment Center, we offer an option to consider getting family therapy. Family therapy seeks to help the families come to terms with what's going on with their loved ones and understand how their support can assist in the recovery process by preventing relapses.

Many people go into addiction due to problems emanating from the family, such as frequent arguments and emotional or mental abuse. If these are not brought to light and dealt with, patients getting back to the same environment can fall back to addiction. With the understanding of what addiction is, families can provide a conducive environment for their loved ones.

Get Help Today

If you notice signs of addiction in your loved ones, we are a phone call away. Contact us today and have an evidence-based treatment solution planned for your unique needs. Our drug rehab in Kentucky is the place to begin your journey to recovery. You can rest assured that we will be with you throughout your healing process and even afterward with our alumni treatment plan.

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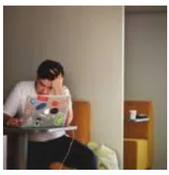

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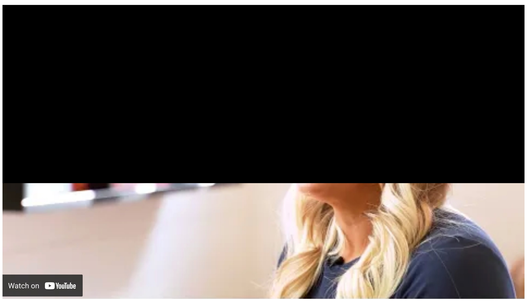
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