

# Find a Residential Drug Rehab Near Me

Date: 12 July, 2021 By Manny

If you think you or a loved one are struggling with drug addiction, it may be time to consider residential drug rehab to support rehabilitation and total mind and body wellness.

When it comes to finding the perfect addiction treatment program, it is important for you to ask yourself "Is this residential drug rehab near me?" Looking for drug rehabs in your location provides an opportunity for you to seek help in your location.

You may already know that residential rehabilitation is what you're looking for. In that case, contact the Robert Alexander Center for a free consultation today.

#### Signs of a Drug Addiction

Drug addiction can look different depending on the type of substance being abused, but there are several universal concerning signs that you can use to determine if you or your loved one may need help for a drug use disorder.

Stimulants or uppers cause an increase in jittery behavior and anxiety, while depressants can cause delayed responses and slurred speech.

Because of how the drug impacts the body, you may witness dramatic shifts in behavior, personality, and/or mood. You may notice significant changes in close relationships, friend groups, and participation in hobbies and activities. Those struggling with addiction often struggle with maintaining responsibilities at home, work, and/or school.

Drugs also impact memory, ability to learn, decision-making, and stress levels.

### What Is Residential Rehab?

specifically prescribed treatments to support trauma or PTSD.

If that sounds like you or someone you love, it may be time to consider residential rehab. Residential rehab is inpatient care at a treatment facility. During their stay, clients will undergo

detoxification and complete an addiction treatment plan individually designed to support their specific needs.

Detoxification is the process of removing the drugs from the body. Residential rehabs can medically monitor and administer medication to support the body's withdrawal. Through this process individuals will be closely monitored and can start attending therapy sessions when

they are feeling well enough. Once a client has completed detox, they will begin fully participating in their therapy treatments. This process is individually tailored to meet each client's specific drug addiction needs. Treatments vary from general group meetings, like Narcotics Anonymous, to

When looking to determine the residential drug rehab near me, choose one that meets your therapy and mental health needs.

### The Benefits of Going to a Residential Drug Rehab Near Me

By choosing an addiction treatment facility near where you live, you will have the full support of the company through residential drug rehab and be able to follow up with them during outpatient aftercare.

Attending a drug rehab near you, gives you the opportunity to face your environment and your issues head on. It gives families the chance to attend family therapy, and for you to develop a sober community of friends in your area.

#### What Is the Best Residential Drug Rehab Near Me?

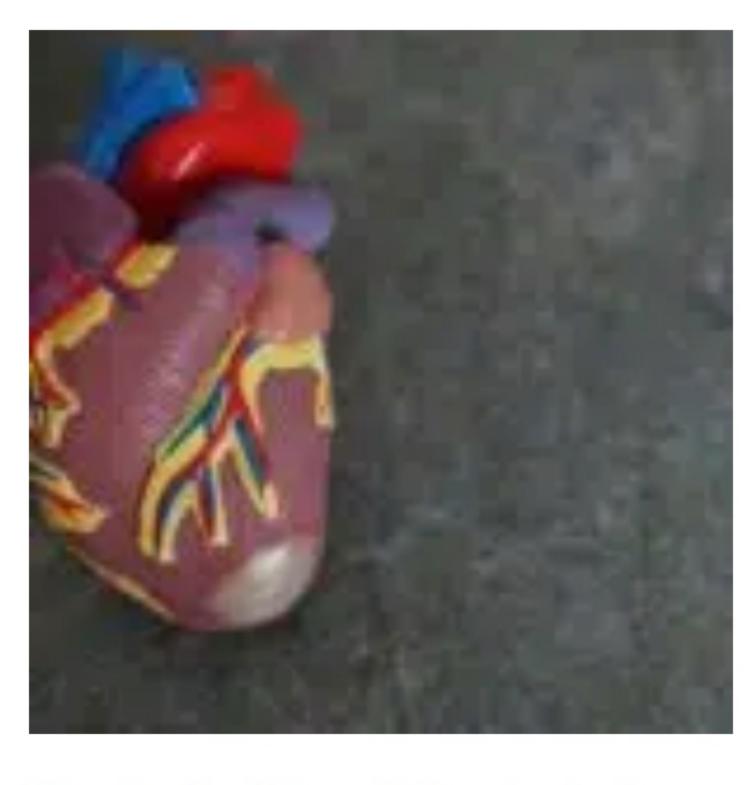
The Robert Alexander Center is a comprehensive alcohol and drug abuse treatment center in Mt. Washington, Kentucky. At RAC we offer Detoxification, Residential Inpatient, Intensive Outpatient, Outpatient, and Family Therapy options.

Our extensive therapy and treatment program combines the best traditional and alternative therapies to support individuals recovering from addiction and supports the mental health of those struggling with dual diagnosis disorders.

Our campus boasts an on-site spa, gym, and kitchen where we focus on the physical and nutritional needs of our clients in addition to supporting their mental health.

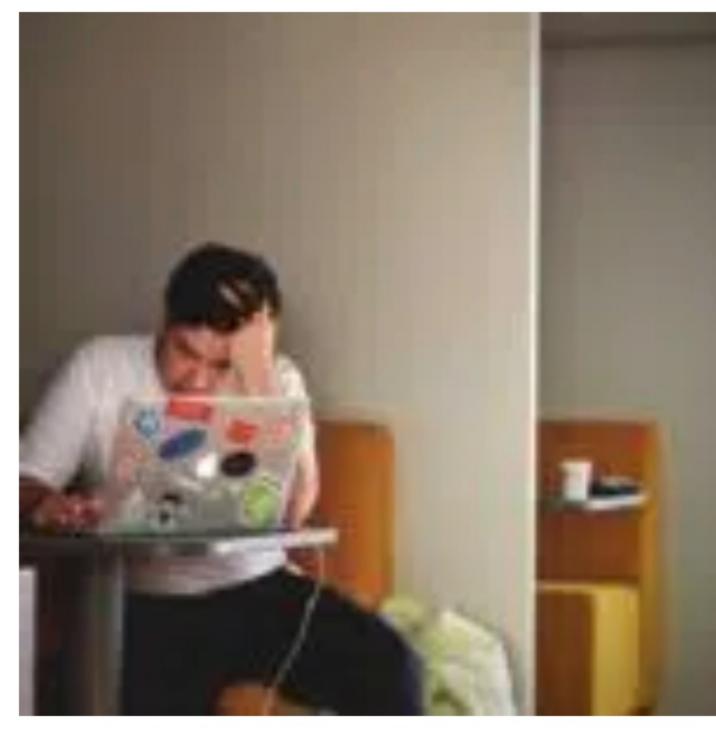
If you think it might be the perfect "residential drug rehab near me" contact us today for a free consultation and see how we, here at the Robert Alexander Center, can support you and your goal of living a happier, healthier, and sober lifestyle.

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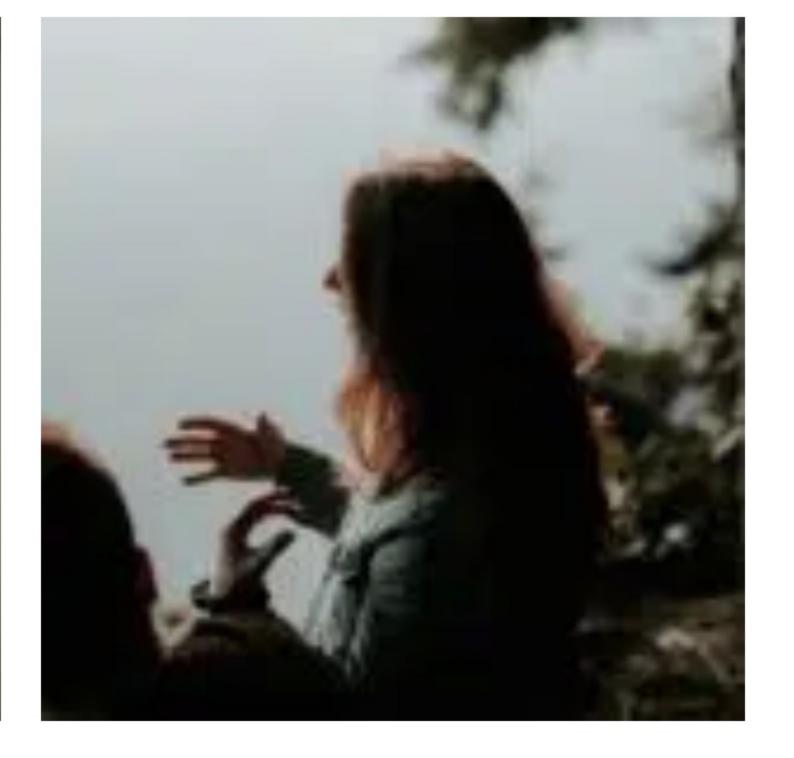
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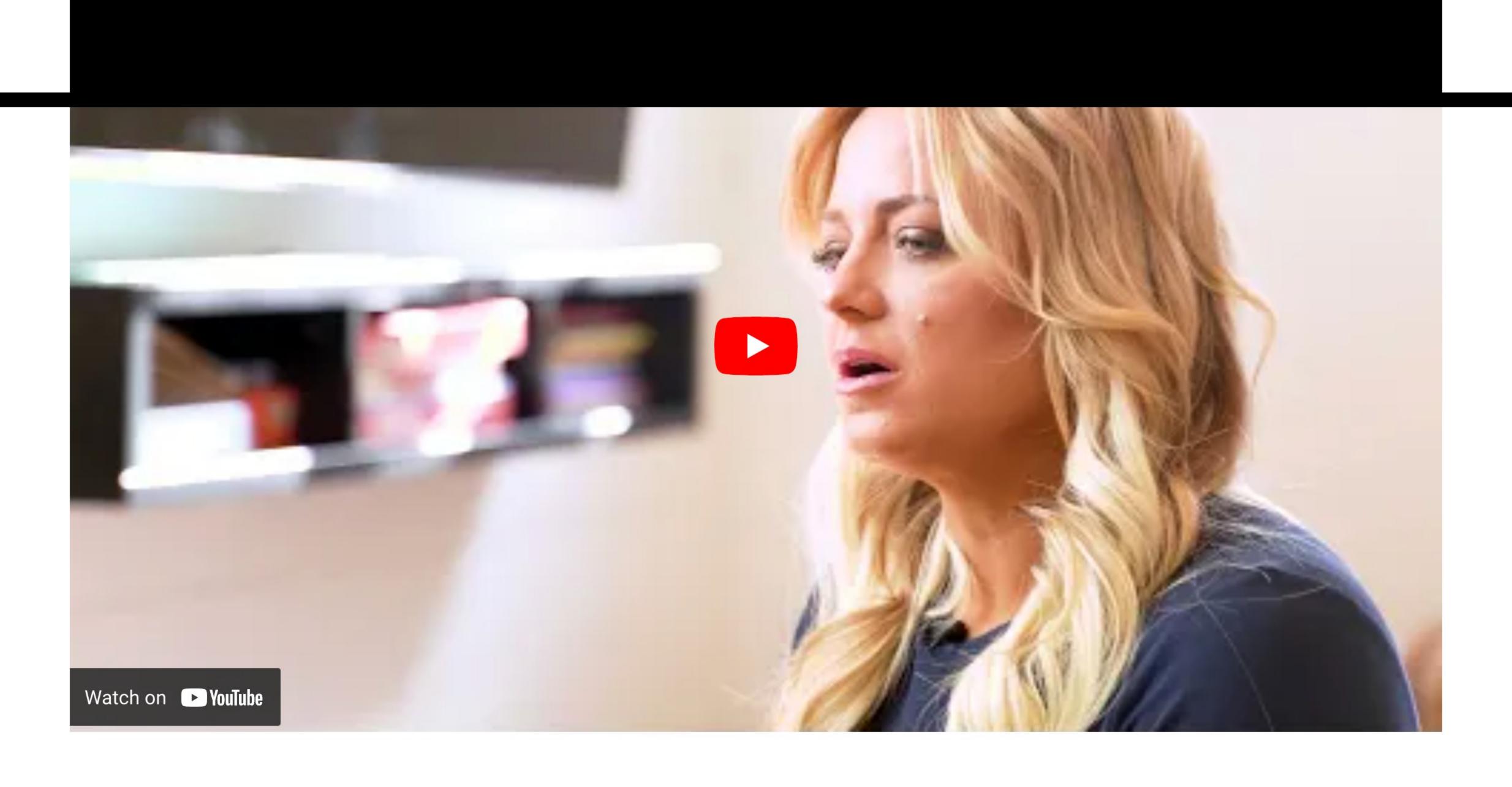
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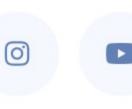


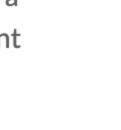


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The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.







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