

Manufacturing And Factory Worker Drug Rehab Programs

Date: 5 March, 2021 |
By Robert Alexander Center

If you work in the manufacturing industry, or are a factory worker, the high-pressure and often physically demanding nature of your job might make you feel as if you can't spare the time or the energy to get support for your addiction. But, here at the Robert Alexander Center for Recovery, we are here to tell you that yes, you can.

You can get treatment.

You can recover.

If You're a Manufacturing and Factory Worker You Can Get Your Life Back on Track

Drug and alcohol abuse affects people from all walks of life, and is still stigmatized in our society which often prevents people from getting the support they so desperately need. The first step on the road to recovery is admitting that you need help. But, especially if you are fighting **substance abuse** and have a high-pressure demanding job, you will probably find yourself putting obstacles in the way of getting to rehab. One of the most common excuses that people use is lack of time.

There's a misconception that drug and alcohol rehabilitation involves staying somewhere overnight for the duration of your recovery. At the Robert Alexander Center for Recovery, we offer a range of non-residential programmes that can be tailored to suit you as an individual.

We know that, when it comes to addiction treatment, there is no one-size-fits-all approach.

These are some of our non-residential treatment options:

- Detoxification
- Intensive outpatient program
- Outpatient program

Detoxification at Drug and Rehab Programs

Detoxification is the first step in everyone's journey to recovering from substance abuse. It's the type of detoxification that differs from person to person. For manufacturing and factory workers, there are a variety of different rehab and detoxification options. These can then be monitored and your progress will be checked on an intensive outpatient or outpatient program. Intensive outpatient programs are designed for those who still need a high-level of support, but for whom residential treatment programs aren't right. It may be that you have just completed one, for example you could be "stepping down" from a partial hospitalization program, and this might be the next stage of your path to recovery, or it might be that you need a middle ground between being one of our outpatients, and staying at our center.

Intensive Outpatient Programs for Manufacturing and Factory Workers

An **intensive outpatient program** will require you to attend the center several days a week, for between four and eight hours at a time. Different kinds of therapy will be available to you, including group and individual counseling. These will help you address the negative thought patterns that lead to addiction, and develop new, healthy coping strategies. There may also be different kinds of therapy available, such as art or music therapy.

Outpatient programs are the final step towards recovery. Although you may find your progress towards your treatment goals slightly more slowly than with a more intensive program, being an outpatient with us still provides you with the same level of support as any other program. It can be tailored to fit around your work and home life commitments, so is an ideal option for those who need to fulfill their other obligations, whilst still getting the help they need.



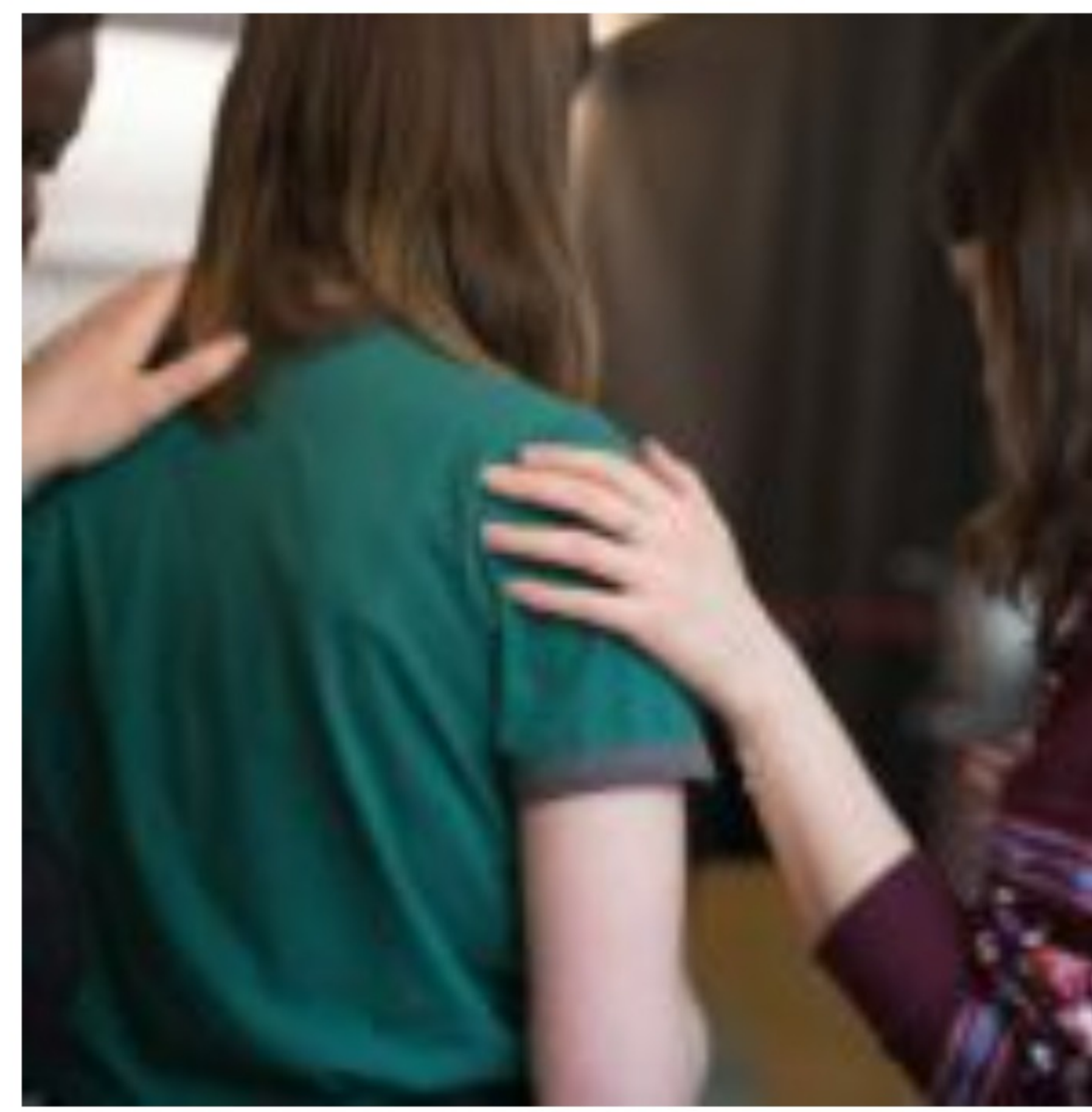
Addiction Treatment In Nashville, Tennessee

[Read More](#)



Addiction Treatment In Columbus, Ohio

[Read More](#)



What Are Al-Anon Meetings For Families Of Drug Addicts

[Read More](#)



P: 1-844-328-8406

The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.



Navigation

[Home](#)

[About](#)

[Tour](#)

[Admissions](#)

[Blog](#)

Treatment Solutions

[Detoxification](#)

[Residential Inpatient](#)

[Partial Hospitalization](#)

[Outpatient Programs](#)

[Aftercare & Alumni](#)

Get In Touch

130 Hope Street Mount
Washington, Kentucky 40047

