

Is My Family Member More Or Less Likely To Relapse After Inpatient Drug Rehab?

Date: 1 April, 2021 |
By Robert Alexander Center

If you have someone in the family who has an addiction, you are probably keen to help them out in whatever way that you can. Of course, the main thing you need to bear in mind here is figuring out what you can do to help them overcome the addiction. That means looking at the various options for recovery and deciding together what the best course of action might be. One option is to take them to inpatient drug rehab clinics and hope that they can recover that way – but you might be wondering what the relapse rate is like for those centers. Let's take a look at this in some detail.

Relapsing After Inpatient Drug Rehab

The first thing to say is that it is always a possibility that someone might relapse after any kind of treatment. No **addiction recovery program** is one hundred percent successful, and a certain amount of the success rate lies on people being able to follow it to the letter and not have certain triggers come up in their life again and so on. So there is always some risk of relapse, even if it is a very small risk in some kinds of treatment. You should be aware of this from the outset as you take your family member to rehab.

Inpatient Rehab for My Family Member

With inpatient rehab, the patient is obviously kept for longer, which means that they can be observed for longer and that it is more likely that the people looking after them can help them to overcome their addiction once and for all. It is therefore less likely that they will relapse compared to other **types of treatment**. Of course, that is a major plus of this kind of treatment, but as we saw it is still always possible to relapse regardless of the type of treatment on offer.

Reasons For My Family Member's Relapse

It may help you if you can understand some of the most common reasons for your family member relapsing. It might be an emotional trigger such as an overbearing amount of stress, or it might be hanging out with people from their old lifestyle who are then in a situation of offering them the substance again. Sometimes it is that the addict didn't spend enough time in the rehab center – obviously with an inpatient program this is less likely to be the cause, so that is one good reason to consider that over an outpatient program.

Long-Term Recovery After Inpatient Drug Rehab

For all addicts, overcoming their addiction is a **long-term recovery process**. If your family member needs help in overcoming an addiction, their best bet is to go to an inpatient drug rehab center, where they can be looked after and receive the help they need. You might want to help encourage them to do this, and if you do manage to help them in that way it could be one of the best things you have ever done for them. Although it's a scary experience for everyone, it is worth it in the long run.

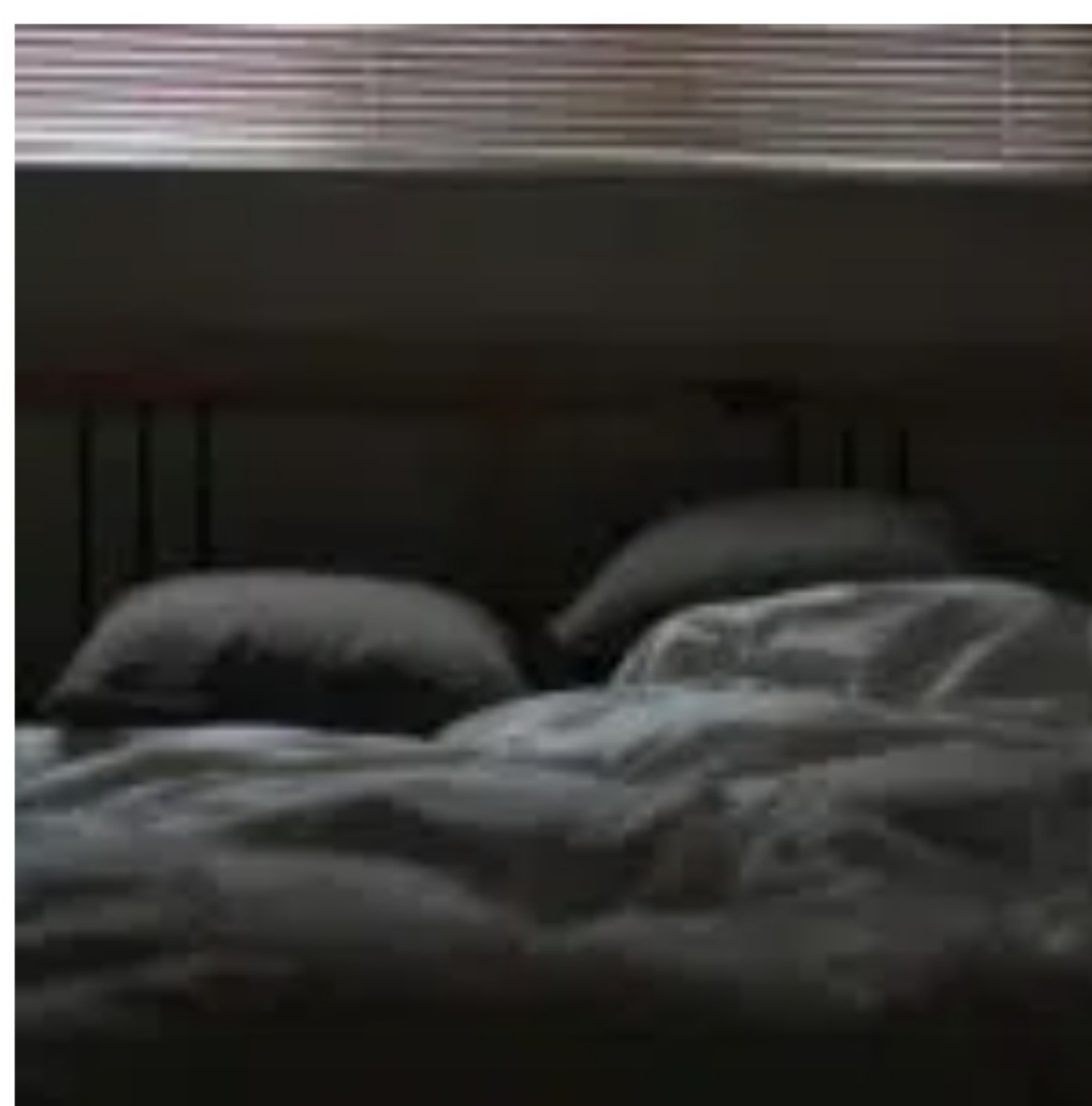
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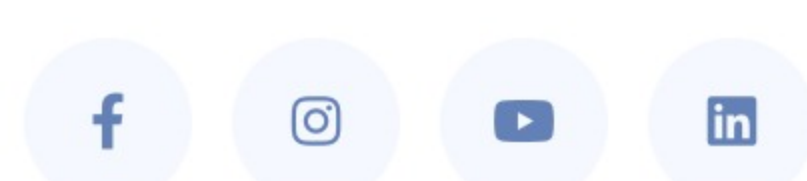
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