



Rehab for Lortab Addiction In Kentucky

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Not all drugs are bad. Some are necessary to help us live normal lives e.g. those required for hypertension or diabetes. Unfortunately, some of the drugs prescribed by doctors can end up having serious side effects. Some of them can lead to dependency or addiction if used incorrectly or for a long time. Lortab is one such drug which is why we offer rehab for Lortab addiction in Kentucky.

What is Lortab?

Lortab is a combination drug mainly used to alleviate moderate to severe pain. It has two main components:



- Acetaminophen – This is a non-opioid, low-grade pain reliever that’s also the main ingredient in Tylenol.
- Hydrocodone – This is an opioid pain reliever that works by changing how the body feels and responds to pain. Opioids are a group of pain-killing drugs that are derived from the opium plant.

When combined, acetaminophen boosts and strengthens the effect of hydrocodone, and the two work together to provide pain relief. Since this is such a strong drug, it is a legally controlled substance and its use requires a prescription from a doctor.

While addiction isn’t a common side-effect of Lortab use, the drug, like other opioids, is highly addictive and should only be used as recommended by a doctor. Most people don’t develop addiction since they use it as prescribed for a few days to a week. However, taking a higher amount than prescribed or for longer than prescribed puts individuals at risk of dependency. This is why rehab for Lortab addiction is becoming increasingly common in the country.

Lortab Withdrawal and Detoxification

Due to the physically addictive effects of Lortab, withdrawal and detox should only be done under the supervision of medical professionals. This is because the drug can cause a range of uncomfortable withdrawal symptoms including abdominal pain and cramps, unexpected mood and behavior changes, restlessness, nausea, muscle aches, and trouble falling asleep, among others.

Here at the [Robert Alexander Center for Recovery](#), we offer Lortab addiction treatment. We have professional addiction therapists who can closely monitor an individual’s symptoms and provide assistance during detox to ensure that all goes well.



After a successful detox, the individual is then admitted to one of our drug addiction recovery programs in Kentucky e.g. our [Outpatient Drug Addiction Program](#). Here they’ll get started with individual counseling, group therapy, and outpatient care. As part of the treatment program, they’ll learn to develop better coping strategies to help them deal with the challenges of life, instead of reaching for drugs. Additionally, they’ll be taught how to avoid relapse and how to handle any drug cravings they experience, all under the care of our highly-qualified drug addiction treatment professionals.

If you or someone you know is battling dependency on Lortab, don’t despair. Addiction can be beaten and professional, experienced help is available at the Robert Alexander Center for Recovery in Kentucky.

Contact us today at (502) 443-9950 to learn more about our [addiction recovery programs](#) or to speak with one of our addiction experts.

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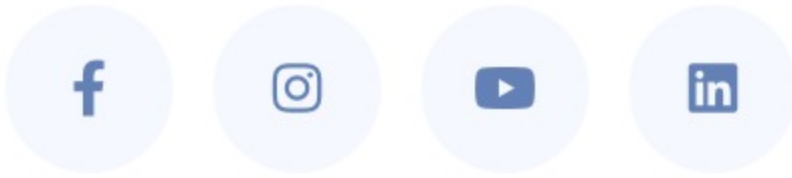
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The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.



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