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Addiction, whether to drugs or alcohol, can really devastate a person mentally, emotionally, and even physically. The addict isn't the only person who suffers, his family, friends, co-workers and others he interacts with also feel the weight of his addiction. This is a scenario that plays out all too often in West Virginia as the levels of drug and alcohol abuse and addiction continue to rise.

If you are an addict or have a friend or loved one suffering from alcohol or drug addiction, then you know how damaging it is. The first step out of addiction is acknowledging that you have a problem. Once you get past this stage, the next course of action is to find help to overcome the addiction.

websites and brochures to settle on one rehab facility. To find one that suits your needs, it is helpful to expand your search beyond the confines of your home state to neighboring states. If you are a resident of West Virginia, you can widen your search to include drug treatment facilities in Kentucky.

Looking for an appropriate addiction treatment center can be confusing and time-consuming. It can be difficult to sift through lots of

When looking for a rehab facility, it also helps to know what you are looking for and to have a list of questions to ask. After all, you are entrusting this treatment center to help you overcome addiction and turn your life around.

Maybe you want to make the trip from West Virginia to Kentucky for treatment. In this case, you can't afford to just pick any drug and alcohol treatment center you come across. You have to research, do your due diligence, compare different facilities to finally settle on one you'd like to enroll in.

As one of the leading addiction treatment facilities in Kentucky, we at the Robert Alexander Center for Recovery understand how challenging this sort of decision can be. We've put together a list of some of the most common questions you are likely to ask if you're planning to go out of state for treatment. These include:

## Why should I travel to Kentucky for treatment?

There are several reasons why you should consider receiving treatment in a different state. The major reason is that traveling for rehab exposes you to a new environment. This reinforces the feeling of making a fresh start and can motivate you to make the changes you need. Additionally, a new environment helps you escape from the negative influence of friends and family as well as separates you from the daily stressors and responsibilities that may have triggered your addiction. Without these hovering over your head, you are free to focus on your treatment.

# What kind of treatment programs are offered in Kentucky rehabs?

The great thing about searching for rehabs in different states is that you get to compare the different addiction recovery programs offered. Rehabs such as the Robert Alexander Center offer a variety of addiction treatment programs that are based on scientific and medical research. This includes outpatient and residential programs. The type of treatment program that's suitable for you will depend on several factors such as the type of addiction you have. For instance, a partial hospitalization program for alcohol treatment will not be the same as the partial hospitalization program for drug addiction.

#### What should I look for in these treatment centers?

Addiction treatment facilities in Kentucky differ in the type of programs, the cost of treatment, and the amenities they provide. No two rehab centers are alike and when making your selection, look for the following:

- The staff's qualifications and accreditation
- The type of treatment programs offered and whether these are evidence-based.
- Do they offer personalized and adaptable addiction treatment programs?
- How much does treatment at the facility cost and how does it compare with other rehabs?
- Does the rehab center allow your family and friends to take part in your treatment?
- What sort of supplemental programs does the facility offer?
   Do they monitor their clients' progress and provide aftercare
- Do they monitor their clients' progress and provide aftercare services once you have been discharged from the facility?

# How long will I have to stay at a Kentucky rehab center?

Being away from home and the people you love can be challenging, more so when you are recovering from addiction. As part of your research into rehabs in Kentucky, you should try and find out how long different addiction treatment programs run. Some go on anywhere from 3 months to a year or more. Your duration at a treatment facility in Kentucky, or anywhere else in the country, will depend on some factors. This includes the type of program you enroll for, how receptive you are to treatment as well as your stage of addiction upon admission.

### How much would treatment cost?

Another major consideration when seeking out of state treatment for addiction is how much you'll have to pay for it. One of the reasons why Kentucky is a great addiction treatment location is that you can find a treatment facility that suits your budget. The amount you can expect to pay will depend on the rehab's location, the amenities offered, the type of addiction recovery program you sign up for, and whether or not you'll require other treatment procedures like detoxification or medically assisted treatment.

The decision to travel for rehab can be a difficult one but it doesn't have to be. With the right guidance and research, you can find a rehab treatment center in Kentucky that suits your addiction treatment and recovery needs.

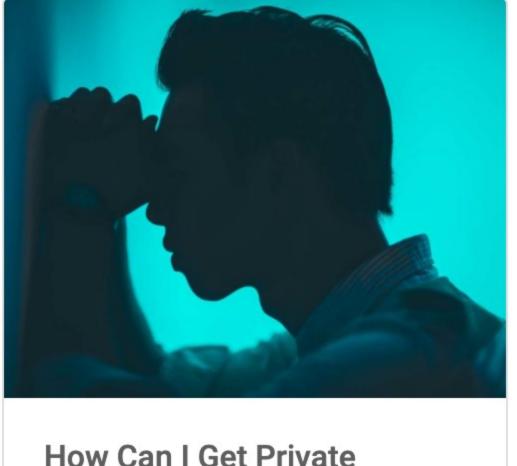
To find out more about addiction, addiction treatment, and the programs we offer, give us a call on (502) 443-9950. This is a 24-hour helpline and one of our professional addiction treatment consultants is always online to address your questions and concerns. Give the Robert Alexander Center a call today and let us help you make the decision that will help turn your life around for the better.



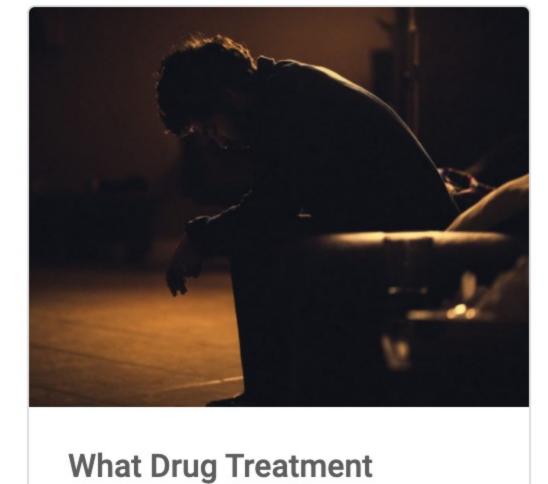




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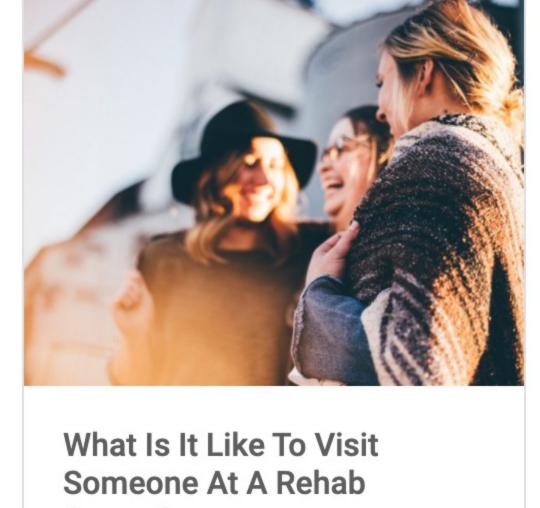


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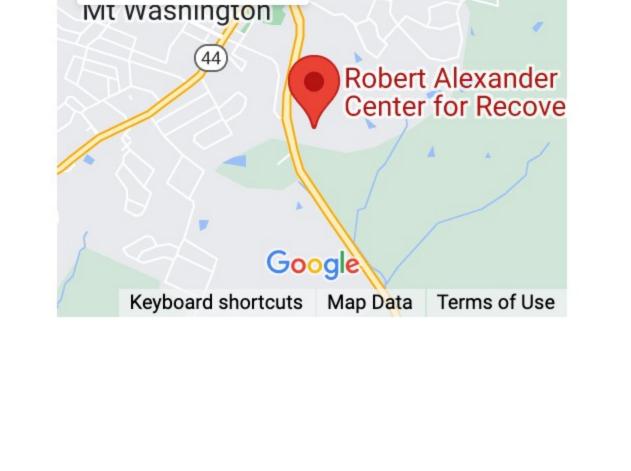
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