

# Rehab for Xanax Addiction In Kentucky

Did you know that 40% of people who take benzodiazepines, such as Xanax, will develop an addiction? Recovery moves forward in two ways, you have the physical and you have the psychological. Medical detox gives the body the chance to become accustomed to the lack of Xanax, and the rehab gives you the chance to stop the addiction in its tracks while also helping you to rebuild your life. With Xanax being the most prescribed psychiatric medication in the US, it's safe to say that Rehab for Xanax Addiction In Kentucky is needed now more than ever.



## What does Xanax Do?

The GABA neurotransmitter in the brain is super important if you want to control the electrical signals in the nervous system. If you have low levels of GABA then this will cause you to experience feelings of anxiety and depression. The calming and almost sedating effect that benzodiazepines have makes them ideal for those who suffer from a number of conditions. In fact, it can be used to treat:

- Agitation
- Mania
- Seizures
- Sleeping Difficulties
- Muscle Spasms

Signs of an addiction include:

- Feeling compelled to take medication
- Needing more Xanax to feel the same effect
- Experiencing bad side effects from Xanax when you stop taking it

## Why do People Abuse Xanax?



The temptation to use Xanax, for some, can be too much. What makes Xanax so addictive is that you will feel the effects right when you consume it. The problem is that it dissipates after a couple of hours. This makes people compelled to try and take even more, and this violates the boundaries of the prescription. As they feel the need to take more and more, it can easily lead to addiction and this can be a real problem.

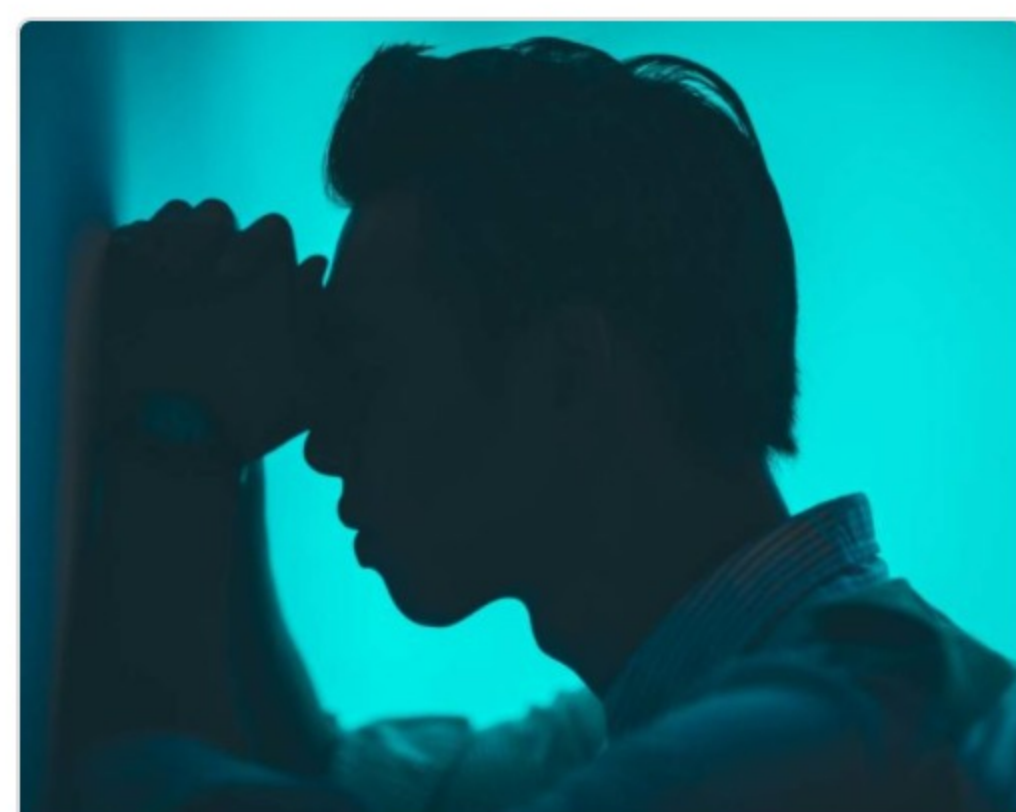
## Abuse Demographics

Some of the risk factors that cause people to use Xanax include the fact that they are experiencing intrusive pain, or that they have a likelihood of having impulsive behavior. You may also have a history of depression or anxiety, which makes it more likely for you to try and seek relief from your condition. If you suspect that you have an addiction then you may be more willing to take risks that normally, you wouldn't have dreamt of. You may also find that you are more willing to commit crime, so you can get your fix. All of this can quickly add up, causing reckless behavior that puts you in even more danger. Of course, this makes it even more difficult for you to seek help as you will spiral into a vicious cycle that at times can seem impossible to break.

You have to remember that this is never the case and that there is always **help available to you**, if you choose to seek it. If you want some guidance, then contact our treatment center to find out more. When you do, you can then count on us to advise you on anything you need. You can also **count on us** to give you the support you need to guide yourself through the recovery process.



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