

# Rehab for Prescription Drugs In Kentucky

Addiction to prescription drugs has become a growing problem across the nation over the last several years. According to the [National Institute on Drug Abuse](#), about 18 million people have misused prescription drugs at least once over the past year. At Robert Alexander Center we offer rehab for prescription drugs in Kentucky.



[Prescriptions](#) are easily accessible, but they can also be incredibly dangerous when they aren't used properly. They also contribute to an underlying danger, because unlike many street drugs, prescriptions can often be used in secret. So, those who are addicted can struggle for a long time on their own before anyone even realizes there may be a problem.

It's a problem that's only becoming worse with time. The American healthcare system is overloaded, with a constantly growing need for physicians and nurses. Because doctors are trying to help as many people as possible as quickly as possible, the use of prescription drugs has grown exponentially. That makes it all too easy for just about anyone to get their hands on a prescription, and even easier to become addicted.

## There Are No Stereotypes

One of the interesting things about those who become addicted to prescription drugs is that there are really no stereotypes or specific characteristics. Simply put, it can happen to anyone from stay-at-home moms to college athletes.

Most prescription drug use starts off innocently enough. If someone is suffering from headaches or chronic pain, they might be prescribed something to help. But, most painkillers are opioids. Not only will they alleviate pain, but they can reduce feelings of stress and anxiety. In some people, they can even create a euphoric-like state. As you might imagine, it can become easy to get used to that and want to experience it more frequently. So, it's not difficult to become dependent on the drugs to get through the day.



## Addiction, Detox, and Rehab

An addiction to prescription drugs can come with a variety of dangerous side effects. In some cases, it can even lead to death. Addiction can destroy everything in a person's life, from relationships to friendships, to careers. So, looking into treatment is the best solution to take control of your life once again and break free from the confines of addiction.

In many cases, that begins with a [detoxification process](#). After a while, the body becomes dependent on the drug you're using, and you need to experience a "detox" in order to move forward. This can be a hard hurdle to jump right at the beginning of a treatment plan, and it can include side effects like:

- Vomiting
- Nausea
- Dehydration
- Pain
- Cramps

While detox is difficult, it isn't impossible, and it can set the tone for your success and rehabilitation.

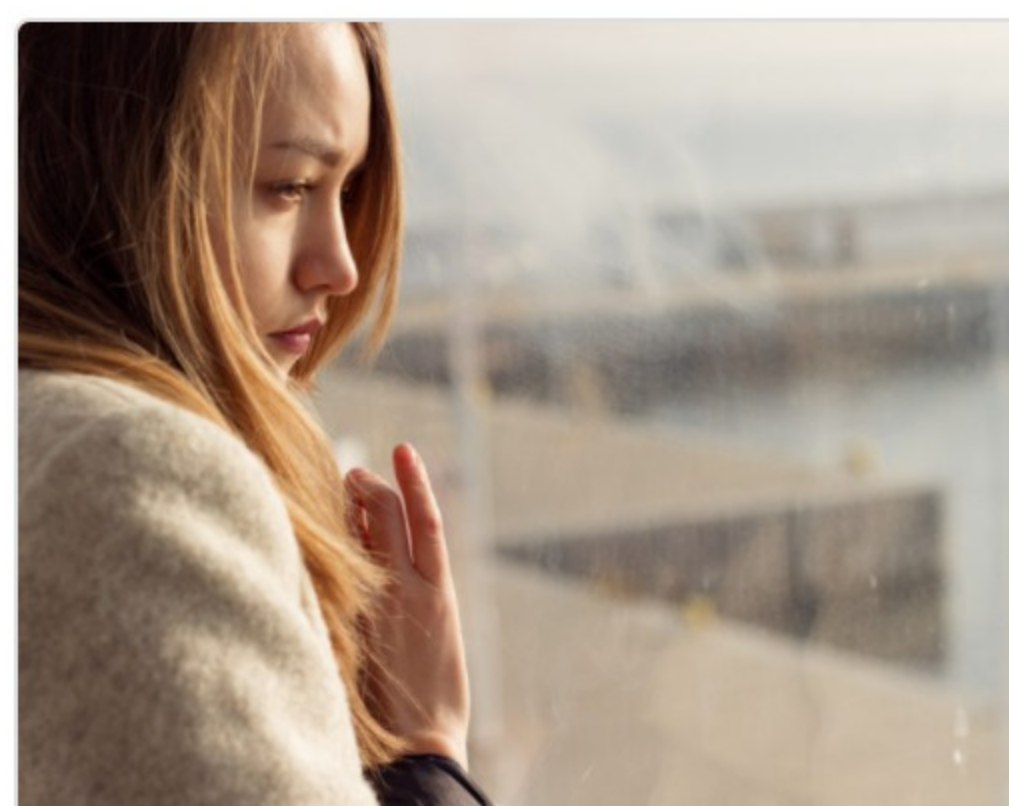
## Rehab For Prescription Drugs At Robert Alexander Center

At the [Robert Alexander Center for Recovery](#), we offer everything from a direct-entry program that can take you (or someone you love) from the detox process into an in-patient, residential program specifically designed to meet every individual's needs.

Addiction impacts everyone differently. You don't have to remain silent about your struggles. If you're ready to take back your life, [rehab for prescription drugs addiction in Kentucky](#) can give you the freedom you deserve.



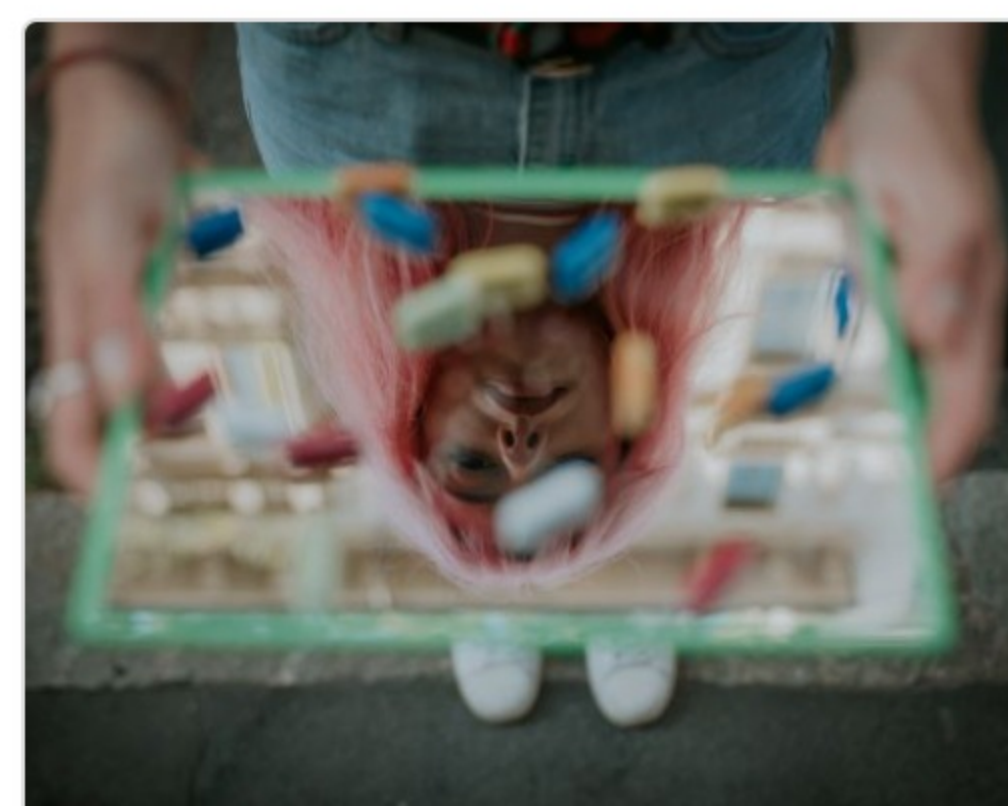
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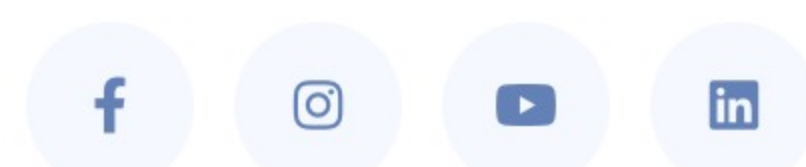


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The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.



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