



How Drug Rehabilitation In Kentucky Assists With Opioid Addiction Recovery

Opioid addiction is a huge problem in our country. Because prescription drugs are so easily-accessible, it's not uncommon for them to be misused, whether that includes taking the wrong kind of medication, to begin with, or abusing the use of it on a regular basis.

There is no "one size fits all" for opioid users. Unlike many common street drugs, many opioid addicts are able to hide their [addiction](#) fairly well, until it becomes too much to handle.

For many people, recovering from opioid addiction is a long journey. But, it's one that doesn't need to be done on your own.

What Are the Signs of an Opioid Addiction?

People typically become addicted to opioids because they not only can help to alleviate pain but reduce feelings of stress and anxiety. Some people even feel a sense of euphoria, depending on the dosage. Because those positive feelings start to fade as the substance wears off, it needs to be taken more often and at a higher dosage in order to keep the "high" for a longer period of time.

That's exactly what leads to [addiction and dependency](#). Your body begins to crave it to the point where you feel as though you have to have it in order to cope. People who are addicted to opioids will often use them no matter the consequences, even if it affects relationships, family, or a career.

Some people might experience side effects of opioid use that include:

- Shallow breathing
- Slurred speech
- Nausea
- Sweating

Unfortunately, opioid addiction can increase the risk of an overdose. About 130 people in the U.S. die each day from an opioid overdose.

How Can Rehabilitation Help?

Going to a rehabilitation center is one of the best ways to beat an opioid addiction and to take control of your life once again. Treatments are catered specifically to your individual needs, though they often start with a detox process.

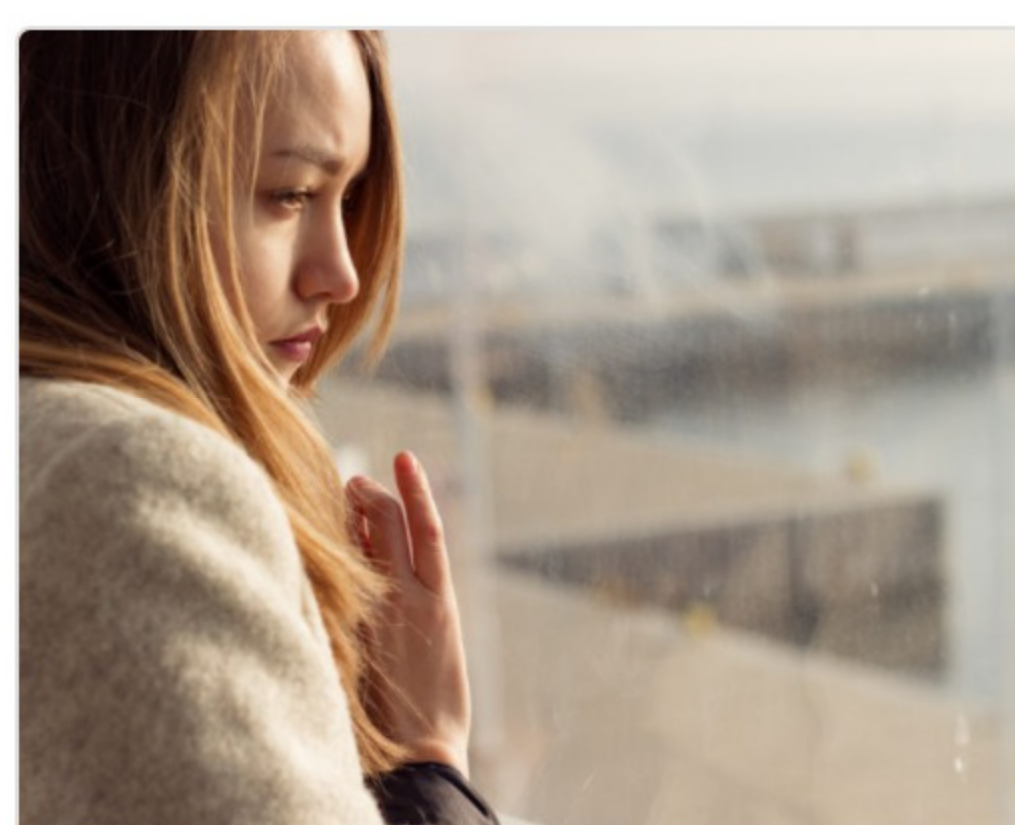
Rehabilitation typically includes a variety of different programs and solutions, including different therapies, groups, and in some cases, other medications. The length of the program depends on different factors of your addiction.

A rehabilitation program is about more than just "getting clean". Anyone can do that through detox, and go right back to abusing opioids in a matter of weeks. Instead, rehab is about teaching you the skills and tools needed to fight back against your addiction for the rest of your life. The goal of any good rehabilitation program isn't just to get someone off of drugs – it's to keep them off forever.

If you or someone you care about is struggling with an opioid addiction and you're not sure where to turn, [rehab can help](#) to break those chains of addiction and start you on a long and wonderful journey to a happier, healthier life. Feel free to contact us if you have any questions about our programs or if you would like more information on how we can help. Remember, addiction doesn't define who you are, and you're not stuck in this place forever. By contacting a rehabilitation program, you're taking the first step in finding your freedom from substance abuse.



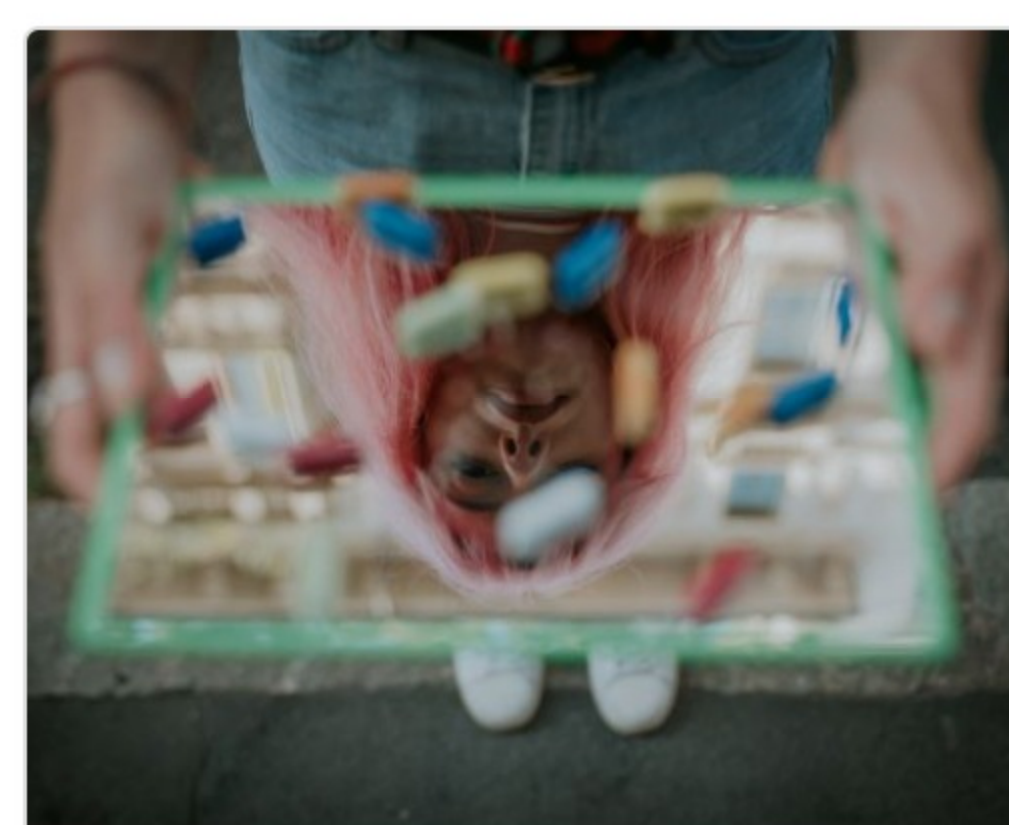
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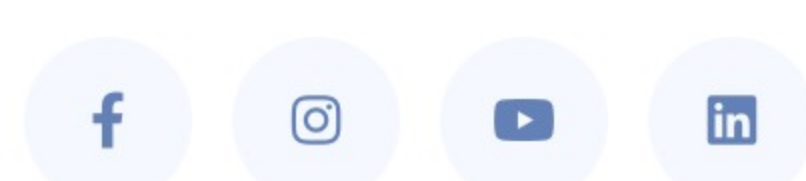


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The Robert Alexander Center for Recovery is a brand new, state of the art addiction treatment center in Kentucky, offering evidence-based treatment for substance abuse.



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