

## UNSURPASSED AMENITIES

Robert Alexander Center for Recovery is committed to offering education and services that lead to successful, long-term recovery. We combine both holistic and evidence-based treatments allowing for a truly comprehensive approach. At RAC, treatment doesn't simply end after detox or residential care. We offer step-down programs so individuals are supported through every level of treatment. We help individuals incorporate what they learn into their daily lives, giving them the tools needed for a lifetime of recovery.



## OUR PURPOSE

Our vision and purpose, as an organization, is to treat substance use disorder by addressing all stages of addiction with science, medicine, and compassion. We are responsible for diligently educating individuals and communities and to create opportunities for change, growth and healing. Robert Alexander Center for Recovery will use CARE (Compassion, Authenticity, Responsibility, Empathy) as the guiding principles for all we do.



## OUR MISSION

Robert Alexander Center for Recovery (RAC) provides the most holistic and patient centered practices to achieve a lifetime of recovery through a safe and loving environment, therapeutic services, professional guidance and peer support needed in order to overcome all substance use disorders.



[WWW.ROBERTALEXANDERCENTER.COM](http://WWW.ROBERTALEXANDERCENTER.COM)

Phone: (502) 443-9950

Email: [Admissions@RACRecovery.com](mailto:Admissions@RACRecovery.com)

Address: 130 Hope Street  
Mount Washington, KY 40047

WE ACCEPT MOST MAJOR HEALTH INSURANCES



[WWW.ROBERTALEXANDERCENTER.COM](http://WWW.ROBERTALEXANDERCENTER.COM)



Located in Mount Washington, Kentucky

Our facility sits on six acres of beautiful Kentucky countryside.

OPEN 24/7 CALL NOW  
**(502) 443-9950**



## WHAT SETS US APART

Our comprehensive treatment facility redefines the experience of addiction treatment. Located on six acres of beautiful countryside, the Robert Alexander Center for Recovery provides a peaceful place for individuals to begin their journey of healing. Individuals in every level of treatment can utilize a number of premiere amenities and services including:

- **An In-House Spa with Copper Hammered Tubs**
- **Massage Therapy and Chiropractic Care**
- **Movie Theater**
- **Full On-Site Kitchen with Chef-Prepared Meals**
- **Spacious Rooms and Bathrooms**
- **Gender-Specific Housing**

**R·A·C**  
ROBERT ALEXANDER  
CENTER FOR RECOVERY



## PREMIER TREATMENT CENTER FOR ADULTS IN RECOVERY

### DETOX PROGRAM

Detox is the critical first step in the addiction treatment process that involves ridding the body of addictive substances under the guidance and care of medical professionals. The Robert Alexander Center for Recovery's Detox Program provides a safe, comfortable environment where individuals can detox prior to beginning their individualized residential or outpatient treatment programs. Prior to admission, individuals are assessed to determine individual diagnosis and needs. When appropriate, individuals are prescribed medications intended to make the detox experience as comfortable as possible.



### RESIDENTIAL TREATMENT PROGRAM

The Robert Alexander Center for Recovery Residential Treatment program provides critical support and care for individuals living with addiction who have recently completed detox. Treatment is structured individually to meet specific needs in a stable environment. In the Residential Treatment program individuals may take advantage of a number of beautiful amenities at our facility including a wellness center, movie theater, in-house spa, spacious rooms, and chef-prepared meals alongside our evidence-based clinical services which include:

- **Individual Therapy**
- **Group Therapy**
- **Family Counseling/Education**
- **Neurofeedback**
- **Addiction Psychoeducation**
- **Medication Management**
- **Aftercare Support**





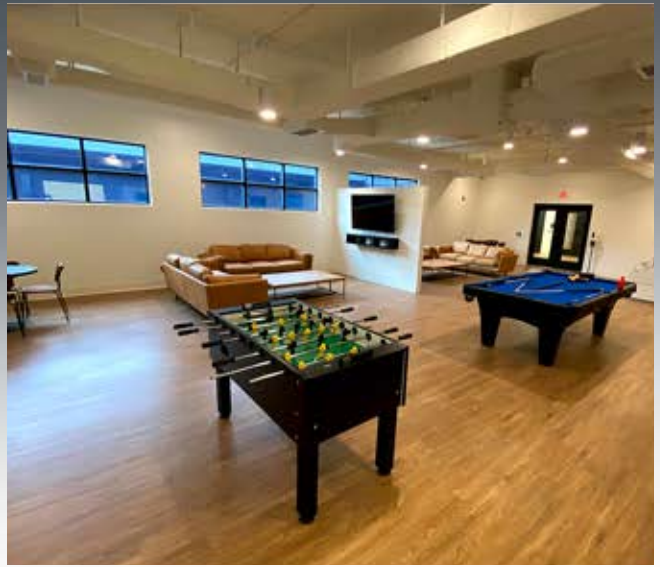
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